

# THE BERKELEY PLACE POOBAH

THE NEWSLETTER OF THE BERKELEY PLACE ASSOCIATION, FORT WORTH, TX



## PRESIDENT'S LETTER

AMY ALLIBON, BPA PRESIDENT

Three cheers for the twenty-one neighbors who attended the Q3 meeting on September 13! I have intentionally moved the BPA meeting around to different days of the week over the past two years to see which day is easiest for folks to attend. To my great surprise, Wednesday won the biggest attendance award. Sincere thanks to all who attended, voiced their questions, support, or concerns, and took part in a BPA meeting. I enjoy the passion and spirit of my neighbors even when we do not agree. I encourage you to read the minutes from the meeting so that you can stay abreast of all things Berkeley. The Fall Yard Sale was also successful for our twenty-four participating homes. Our streets

were full of shoppers, and the weather was perfect.

I'm thankful we survived the fourth hottest summer on record in Fort Worth. The bountiful rain of spring helped us avoid a water shortage, and that is a blessing. You may not know that we are getting a bargain with the City of Fort Worth. Many suburbs like River Oaks and Haltom City buy their water from Fort Worth, and they pay dearly for it. We pay in other ways to be certain, but at least we can water our yards without a bank loan!

Speaking of watering, October is the perfect time to plant trees and shrubs that need replacing. Fall

*(Continued on page 2)*

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### NEXT MEETING OF THE BPA

**Monday, November 13, 2023**  
**7:00 p.m.**



# PRESIDENT'S LETTER (CONTINUED)

and winter annuals are a bit limited in choice, and it is too early for pansies. They need much cooler temperatures to thrive. Pansies also need direct sunlight—something my front beds that face north do not receive during the winter. Cyclamen (beautiful blooms in red, pink, and white) and ornamental cabbage have become my favorite winter texture and color.

There are lots of great events in Berkeley this month for the kiddos. The Lily B Walk-a-thon, Pumpkins in the Park, Sensory Safe Halloween, and Halloween itself. The *Poobah* has ads about each of these events—enjoy or ignore them—your call. As a teacher for thirty years, Halloween

meant days of hyperglycemic teenagers and candy wrappers everywhere to clean up. It was not my favorite holiday, although my classroom Halloween decorations, including every Starbucks Halloween bear ever made, were fun for the kids and me. Now, I truly enjoy Halloween, especially when the kids show up on my porch. They are so excited, respectful, and proud of their costumes. Making a fuss over their costumes and handing them candy feels good like teaching did.

Our next BPA meeting, my last as your president, is set for Monday, November 13 at 7:00 p.m., via zoom. Please join us!

*You're So Close To Home.*

And whether home means a new place in our own Berkeley Place or anywhere else in Fort Worth or beyond...

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# MINUTES OF THE BERKELEY PLACE ASSOCIATION

WEDNESDAY, SEPTEMBER 13, 2023 AT 7 P.M., ZOOM VIRTUAL MEETING

## MEETING OPENER

**CALL TO ORDER:** Amy Allibon at 7:02 p.m.

**PRESENT FROM BPA BOARD:** Amy Allibon, president; Ross Douglass, vice-president; Steve Scanlon, immediate past-president; Maggi Arendsee, secretary; Tess McDonald, treasurer.

**PRESENT FROM MEMBERSHIP AT LARGE:** Judy Alter, Betsy Booth, Frank and Robin Caropreso, Terry Danner, Joey Dierker, Sherry Flowers, Amy Kremling, Bryan Lingle, Sarah Pemberton, Shelby Ryon, Darcy Sety, Lane Stults, Annette Tess, Ashlyn Wyly, Nancy Witt, Emily Faro, Officer Juan Villagomez

## OLD BUSINESS

**APPROVAL OF MINUTES:** After reviewing the minutes from Q2 Meeting, a motion to approve was sought by President, Amy Allibon. Terry Danner moved, Sarah Pemberton seconded, and the motion passed unanimously.

**SOCIAL EVENT CALENDAR REVIEW BY AMY ALLIBON:**

**Pumpkins in the Park**—Sunday, October 22nd from 3:00–4:30 p.m.—Tillery Park (Ashley Dierker and Amy Allibon, co-chairs). Registration will be required this year in order to determine the appropriate amount of supplies to be purchased.

**BPA Sensory Safe Trick or Treat**—Sunday, October, 29th from 6:00–8:00 p.m. (Shelby Ryon and Laurie George, co-chairs). Note the date change. A list of participating addresses will be collected.

**Berkeley, Bikes, & BBQ (breakfast)**—Saturday, November 4th starting at 9:00 a.m. (Rob Allibon and Wayne

Olsen, co-chairs). This is an adult event and there will be no charge to participate this year (also no t-shirts).

**Santa in the Park**—Saturday, December 10th from 9:00 a.m.–Noon at Tillery Park (Leigh Scanlon and Ellie Cormack, co-chairs).

**CRIME & TRUCK TRAFFIC UPDATE:** Fort Worth NPO Officer Juan Villagomez reporting. From June 2023 to date, there have been only six offenses within Berkeley. Officer Villagomez will be providing a tip sheet for preventing burglaries in the very near future. In the meantime, keep your car and home doors locked and if you see something suspicious, please call 911.

Officer Villagomez will be making requests to patrol and traffic enforcement to help monitor truck traffic. Officer Villagomez recently assisted with a truck violation by a Sysco truck making a delivery to Esperanza's. Amy Allibon has also been communicating with companies she sees violating the ordinance. Delivery trucks to the commercial businesses, on 8th Street in particular, should not be utilizing any of the neighborhood streets to cut through from Forest Park to 8th Avenue. The correct route is via Rosedale. This of course does not pertain to service people and delivery services that have business with a resident within Berkeley.

**YARD SALE:** Amy Allison confirmed the yard sale will be occurring this Saturday starting at 8:00 a.m. Signs have been placed and ads will be placed tomorrow on social media sites and websites platforms that promote such events. Currently there are twenty-five homes participating.

**FOREST PARK BOULEVARVD:** President Allibon has reported to the city a problem with the pavement striping

for the bike lanes south of Park Place. The city reported that it was slated for 2026, objections were raised, and they "moved it up" to 2025. Further discussions will be made with the city regarding the timing.

**SILENT CROSSINGS:** Amy Allibon reported that there is currently no change in the status. Everything is in place, we are just waiting for the railroad owner to sign off.

## NEW BUSINESS

**MEMBERSHIP REPORT:** (Tess McDonald): Of the 598 homes in Berkeley, to date there are 315 homes who have paid 2023 dues. This is 53 percent of households, which is lower than previous years.

**TREASURER'S REPORT:** (Tess McDonald): Budget to date—budgeted expenses \$32,120 and actual expenses are \$21,1116. Some of these funds are marked for upcoming events.

The audit of Berkeley Place Associations books is in process.

Open discussion was held regarding possible uses for some of the excess funds that we have. Suggestions are welcome from the membership.

**BUDGET AMMENDMENT:** Amy Allibon) A budget amendment was proposed to add funds for the Bi-Annual Presidents Dinner which was not accounted for in the 2023-24 budget. Ross Douglass moved, Maggi Arendsee seconded, and the motion passed unanimously.

**BUDGET 2024-2025:** (Amy Allibon) The 2024-2025 proposed budget was included with the Q3 meeting materials. There are few adjustments and no drastic changes. One addition is for a storage unit to house BPA event signage, event

# MINUTES OF THE BERKELEY PLACE ASSOCIATION (CONTINUED)

supplies, and organization records. The budget will be presented in the Q4 meeting for approval.

## BOARD NOMINATIONS (AMY ALLIBON):

**President 2024-2025**—Ross Douglass was nominated for the office of president by Sarah Pemberton, Shelby Ryon seconded.

**Vice-President 2024-2025**—we are still seeking nominations for the office of vice president.

**Treasurer 2024-2025**—Joey Dierker was nomination for the office or treasurer by Sarah Pemberton, Ross Douglass seconded.

**Secretary**—the current term runs through 2024.

**Q4 BPA Meeting:** Monday, November 13, 2023 at 7:00 p.m. via Zoom

## SPECIAL MESSAGE FROM THE PRESIDENT:

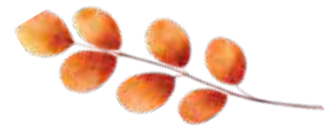
**Thanks**—My thanks to all who serve our wonderful neighborhood—the board, the street reps, the committee chairs—You are why Berkeley remains a fabulous neighborhood. Special thanks to Judy Alter, *Poobah* editor, and Annette Tess Stapp who sells an incredible \$8,000 worth of ads each year to pay for the *Poobah*.

**Dues**—I think giving should be a part of everyone in Berkeley who has gratitude for this neighborhood and all that it offers. Regardless of what you see in the BPA checking account, a small donation of \$30 insures the future of our projects

and publications. I see families at every event who haven't contributed a dime, and this befuddles me. Please make your contribution. Yes, we have a surplus of undesignated funds—and perhaps you think that means your \$30 isn't needed—but the future of those funds is simply not known today. Faithful giving is a sign of a faithful heart, and this neighborhood is worthy of that tithe.

Meeting adjourned at 8:47 p.m.

Submitted by Maggi Arendsee, Secretary.



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# AROUND THE NEIGHBORHOOD

BY JESSICA MORRISON, LILY B. CLAYTON PTA PRESIDENT

Amy Allibon goes all out as president of BPA. When she saw a delivery truck pass her house, she followed it to Esperanza's and blocked the truck with her car. When the driver complained, she suggested he call the police. He called his boss, but eventually our Neighborhood Police Officer, Juan Villagomez, was involved. Amy filed an online complaint with the city and with Sysco, owner of the truck. Eventually the situation was defused, but Amy's point was made.

The City of Fort Worth has rules that forbid trucks on Windsor Place or Park Place Avenue. At issue are traffic overload for those streets, the safety of

others (on Park Place the safety of children at Lily B. is especially important), and protection of the canopy of the wonderful trees that arch over many of our streets.

Thanks, Amy, for doing battle for us.



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# BERKELEY CHEERS

Give a shout-out to neighbors who have done something you appreciate! Send your cheer to [judyltr@gmail.com](mailto:judyltr@gmail.com) to be included in the next issue.

Cheers to Jamie Qualls and thanks for the TCU football tickets—you brightened the day for a Paschal senior.

—Judy Alter



Thanks to Emily Faoro for her kind words about the huge September issue of the *Poobah*: “It is a very thorough newsletter! I don’t read through all the articles based on personal pertinence, but I learn something useful or interesting every time! I already bought something from the app that was recommended, learned there was a pharmacy on Park Place, and I even tried to get hold of a copy of the featured children’s book for my daughter—though it looks like we’re going to have to try a library. Please thank those involved with the publication for their hard work!”



Thanks to Amy Allibon for sharing her delicious Tortilla Soup recipe in the May 2020 *Poobah*. It’s become a favorite of our entire family over the years. Thanks, Amy!

—Brenda Bates



Thanks so much to my next-door neighbors Beth and Adam Loviscek. Another neighbor had their trees trimmed, and in the process broke a branch on one of my ancient oaks, which ended up hanging into the street. Adam was kind enough to come over with a ladder and saw and cut the branch down. I never could have done it on my own. Another neighbor walking by stopped and

tried to help first, but we didn’t have the proper equipment. Don’t know his name but thanks for trying. We have such great neighbors in Berkeley. Thanks!

—Kitty Berger, Stanley



Cheers to Kerry Renta on publication of his book, *A Texas Kid’s First Garden Book*. Publisher is Berkeley’s own Barry Shlachter through his Texas Line Press. A first-person telling of children planting sunflower seeds, the book covers equipment, soil, and follows the growth of the plants as the days get warmer ... and warmer ... and warmer. Kerry’s book can be ordered through Monkey & Dog Bookstore on Seventh, as well as Amazon, Jackson’s Home & Garden in Dallas, and the Grow Plant Shop on Camp Bowie. Or directly from Barry.



# LIBRELA, A NEW TREATMENT FOR OSTEOARTHRITIS PAIN

BY JOHN MINNERLY, DVM,  
UNIVERSITY ANIMAL HOSPITAL



We have just received a new treatment for osteoarthritis pain in dogs. It is a monthly monoclonal antibody injection. It is very similar to the Solensia injection for cats that has been out for almost a year. The response that we have seen with the Solensia has been tremendous.

Being a monoclonal antibody injection, the contraindications for Librela are few. Librela can be used in dogs that have kidney or liver disease. It can be used at the same time as Prednisone, Rimadyl, Galliprant, or Adequan. The only contraindications are that it not be used in animals less than a year of age and pregnant or lactating female dogs. It is also not recommended for use in dogs with spinal cord injuries or other nerve injuries.

“He’s just getting old,” is a common expression that we hear about our senior dogs. In reality, it is osteoarthritis that is causing the slowdown. In some dogs we know about the injury that started the arthritis: a torn cruciate ligament, or a fracture, or jumping off the bed. Over time the damage to the joint creates enough inflammation for the dog to start showing signs. One of the causes of the inflammation and of the pain associated with it is Nerve Growth Factor. Librela binds to Nerve Growth Factor, rendering it ineffective.

We are excited to have an additional treatment for our osteoarthritis patients. Rimadyl, Galliprant, Gabapentin, Amantadine, and Adequan are wonderful products and will continue to be part of the treatment for osteoarthritis. Not all patients responded as well as we would have liked on these medications. And not all patients will respond well with Librela. Having more options and options with fewer restrictions will help us keep your pet healthier.

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## A FAMILY WITH LOTS OF CHEMISTRY

BY DEBRA MILLION

Imagine moving fifteen times in thirty-two years of marriage. With three children. That was the life of the Kremling family until 2015 when they decided to call Fort Worth home. Why did they move so much you ask? Ernie is a chemical engineer, and his job took them all over the world. They have three grown children: Kate 29, engaged and living in Palo Alto, California; Nathan, 25, back in college at Texas State University studying cellular biology and bioethics; and youngest, Annilee, 23, who is studying biochemistry at the University of Wisconsin, Madison. Amy, describing herself as a chemical brat, even grew up moving multiple times due to her father's job at Dow Chemical. Like I said, this family has lots of chemistry!

Amy is the only family member who hasn't

worked in the chemistry world. She spent her career as an educator and administrator. Lily B. may be the lucky beneficiary of some tutoring from her soon. They both originally hail from Michigan and Ohio, but during one of Amy's many moves growing up, while living in Missouri, she met Ernie, the boy next door.

It's a good thing they love to travel. Amy has been to all fifty states and all continents but two, Africa and Antarctica. Son Nathan was born in Thailand where the family lived for a few years on the coast between Bangkok and Cambodia. Amy says she fell in love with the Thai culture and even learned the Thai language. Any recommendations for the best Thai food in Fort Worth would be welcome.

*(continued on the next page)*



# A FAMILY WITH LOTS OF CHEMISTRY (CONTINUED)


Ernie actually retired two months ago, so if you see a tall, thin, white-haired man walking with Amy, that's him!

We all know how much Berkeley loves holidays, from Easter to the Fourth of July to Halloween and Christmas. The Kremling's LOVE holidays (capitol letters courtesy of Amy) and should fit right in because their family motto is, "If it doesn't move, decorate it!!" Good thing they got all moved in before our one-of-a-kind Berkeley Halloween extravaganza! Thinking ahead, they already have scheduled a company to install their Christmas lights.

Besides decorating, the Kremlings love traveling, gardening, reading, food and wine, doing charity and service work, and entertaining. They are making some slight changes to an already beautiful backyard space that will be the perfect place to entertain once the cool weath-

er is here to stay. Before Covid interrupted all our lives, Amy was a member of The Women's Club of Fort Worth and is looking forward to becoming an active member again and hopes she'll meet some other Berkeley women who are club members.

Amy said they are so excited to be a part of our community and had already made friends before they even officially moved into their new home at 2141 Pembroke, meeting Jenni next door and Lynn and Gene across the street. They loved that on their walks around the neighborhood, everyone they met was so friendly, enthusiastic, and easygoing. Look for them walking their two white fluffy dogs, Mr. Bingle, on a blue leash and not fond of strangers, and Lily, on a pink leash who loves everyone she meets! I think everyone will love meeting these two new neighbors, who may have finally decided to stay in one place for a while.



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# Berkeley Halloween

PLEASE JOIN US FOR AN *additional* NIGHT OF HALLOWEEN FUN IN THE NEIGHBORHOOD ON SUNDAY, OCTOBER 29TH FROM 6-8 PM.

## What is it?

Berkeley Halloween is a no-knock, trick-or-treating event in a calm, less overwhelming environment that is inclusive of all children with different abilities. In addition, our neighborhood will be hosting 2-3 guests of honor with MedStar, their care teams and their families.

## Who is it for?

All family, friends, grandchildren and neighbors of Berkeley Place are invited to come out for a night of Halloween fun. This event is designed to be sensory friendly for our neighbors on the spectrum and of different abilities, as well as small children who are safer on less crowded streets. We kindly ask that neighbors refrain from loud, sudden noises or scary tricks, as well as maintaining 6 feet of distance for our guests of honor.

**PLEASE DO NOT SHARE OUR EVENT INFO PUBLICLY AS WE WANT TO KEEP THIS EVENING SMALL TO SERVE OUR NEIGHBORS AND MEDSTAR GUESTS**

## How can I participate?

Participation is totally optional as always. If you would like to participate, please plan to setup your trick-or-treating station outside of your house on Sunday, October 29th at 6pm.

We will be creating an interactive map of participating houses again this year as a guide. If you are planning to participate, please sign up using this link or scan the QR code below: <https://bit.ly/BerkeleyHalloween2023>

Open your camera app and hold it up to the QR code. Click the link when it pops up.



We encourage you to get dressed up, go crazy with your Halloween decorations and be as creative as possible with candy delivery. Candy chutes, trick-or-treat tables and candy yards were all a big hit last year!

We encourage all neighbors to participate on 10/31 for the many visitors to our neighborhood. This event is not designed to replace Halloween.

# MIKE AND KAREN SCOTT RECEIVE TCU IMPACT AWARD



In a surprise presentation at TCU's Fall opening luncheon, Chancellor Victor Boschini recognized Berkeley residents Mike Scott, associate vice provost for enrollment management, and Karen L. Scott, director of international admission, for their service to TCU. "This year, we have a husband-and-wife duo who, combined, have nearly 60 years of service to TCU," Boschini said. "Each

is recognized for their individual service to the university and lasting impact."

In 2021, TCU introduced the Impact Award to be given in special circumstances to recognize the extraordinary service and tremendous impact on the lives of others in the TCU campus community. This was only the second time the award has been presented.

Mike Scott, class of '83 and MBA '04, currently serves as associate vice provost for enrollment management and was recognized specifically for his efforts with enrollment and strategic growth. Karen L. Scott, class of '82, currently serves as director of international admission and was acknowledged for her dedicated service and impact upon recruitment of prospective students from the global community.

Congratulations to our neighbors!

## Saturday, Nov 4

*For serious cyclists 21+*

**20 miles along the Trinity Trails**

**Late morning ride, BBQ, Beer**

*Hosted by Rob Allibon and Wayne Olson*

Two Groups—Advanced and Intermediate

**No entry fee—just come have fun!**

See Buzz for link to register or email [a.allibon@att.net](mailto:a.allibon@att.net)

**GUESTS ARE WELCOME!** Just register guests using the link.



# Berkeley, Bikes & BBQ

# 2023 BPA BUDGET

INCOME	BUDGETED	YEAR TO DATE	DIFFERENTIAL
Poobah Ad Revenue	\$8,220	\$6,425	(\$1,795)
Directory Ad Revenue	\$1,000	\$1,655	\$655
Annual Dues Collection	\$20,500	\$18,505	(\$1,995)
Designated Donation July 4	\$500	\$250	(\$250)
Designated Donation October (Pumpkins in the Park)	\$500	\$0	(\$500)
Designated Donation October (Santa Park)	\$500	\$0	(\$500)
<b>2023 INCOME</b>	<b>\$31,220</b>	<b>\$26,835</b>	<b>(\$4,385)</b>

EXPENSES	BUDGETED	YEAR TO DATE	DIFFERENTIAL
BPA Board Insurance	\$744	\$698	\$46
Lily B. Auction Donation	\$750	\$750	\$0
Middle School Donation 6th Grade Campus	\$325	\$325	\$0
Middle School Donation 7-8 Grade Campus	\$325	\$325	\$0
Paschal HS Donation	\$750	\$750	\$0
Annual Due Letter Postage	\$685	\$0	\$685
Berkeley Place Events	\$4,850	\$3,169.04	\$1,680.96
SquareSpace—BPA Website	\$337.74	\$358.91	(\$21.17)
Website Management Fees (Google Workspace)	\$144	\$0	\$144
Domain Registry	\$50	\$0	\$50
BPA All Adult Dinner	\$3,000	\$1,560.15	\$1,439.85
Dropbox/PO Box	\$400	\$0	\$400
Poobah Printing	\$9,500	\$7,485.83	\$2,014.17
Zoom Membership 1 yr	\$160	\$159.20	\$0.80
Poobah Newsletter Layout	\$1,300	\$730	\$570
Printing—Directory****	\$4,500	\$3,556.27	\$943.73
Ward Parkway/Hargrove Memorial Park	\$1,000	\$1,000	\$0
Misc (new ribbons for light poles, BPA special mailers)	\$300	\$0	\$300
Block Parties	\$1,000	\$1,000	\$0
Discretionary Fund	\$500	\$200	\$300
Board Dinners	\$1,500		\$1,500
Bi-Annual Presidents Dinner	\$2,500		\$2,500
<b>TOTAL</b>	<b>\$34,620.74</b>	<b>\$22,067.40</b>	<b>\$12,553.34</b>

# *Pumpkins in the Park*

*Sunday, October 22 3-4:30 pm*

*Tillery Park*



*Join us for treats, a bounce house, and pumpkin  
decorating extravaganza!*

# JOY OF MEDICARE

## IDENTITY THEFT & MEDICARE TELEMARKETERS

BY FRANCES LOOK

Were there more calls, mailers, Internet, and TV ads this year? Here are some survival tips and tricks along with a dirty little tell-all of telemarketing industry secrets. These will help you reduce identity theft, scams, bait and switch, misrepresentation, and out and out fraud.

Some of the sneaky ploys used by telemarketers, ads, and mailers:

- **Social Security:** implying they are with Social Security, and you have cash from Medicare. Some are calls, some are mailers that look like official Social Security insignia.
- **Cash Back:** these plans are actually a reduction in your Part B Premium from Social Security, not an actual cash back. Less benefits on the plans but that is not mentioned.
- **Flex Card:** usually classic bait and switch; few plans have this.
- **\$3000 to you a year:** usually Medicaid/Medicare plans; great plans if you are Medicaid qualified.

The Medicare industry has a huge book of serious legal rules on contacting potential clients. The big one is Permission to Contact or Business Reply Card, both legal terms. This gives the agent or company permission to call forever. But wait, you have also given permission for that company to then sell your private data to any of their many lead vendors. Then lead vendors recirculate all your information endlessly.

Have you called on a TV ad, Facebook, or mailer just to check? Who would not trust Medicare.gov? Joe Namath? Captain Kirk? Or the cute little thirty-something gal who is so sweet looking?

Guess what? You have given the sharks permission to contact. Not just that shark, but that one shark is now selling all your contact info to and all the other sharks. Now you have a feeding frenzy of sharks calling, mailing, on your Facebook ads. Think of the theme song to "Jaws" when you see those ads.

Lead vendors are the companies that buy and sell your data. Then all your private data is recirculated to many different vendors. Most vendors call the same customer five plus times. If you answer, call back, or click a site, it throws you back into the shark pool as fresh meat. Clickbait.

Here are some tips to reduce all those calls, Medicare included. Be sure your home and cell are on the National Do Not Call Registry. Use spam blocker on the phone. Let unknown numbers go to voicemail. Hit unsubscribe on emails. Try the Opt-Out on the bank and credit card sites (these can be hard to find). On Facebook, click too many ads in right top corner.

Some never, never, nevers: Never give out your Social Security number or Medicare number. I don't care how sweet the person sounds. Any valid agent can look up Medicare Plans with only your zip code.

I hope you can survive the feeding frenzy shark pool of telemarketing. If you have questions, call a real agent, not one of the 800 numbers.

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## Recent Berkeley Market Activity

**Sold Price Range: \$415,000 - \$1,350,000**

**Sold Price per square foot: \$240 - \$389**

**% of List to Sold Price: 83% - 109%**

**Days on market: 3 days - 166 days**

Statistics reflect the range for homes sold in the last six months. Each home is unique. To request a customized value for your home, scan the coffee cup to visit our website and click, “What’s My Home Worth” or call or text Ruth at 817-992-9232.

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# FROM BERKELEY KITCHENS

**EDITOR'S NOTE:** I'm delighted that we have guest contributors this month. Mary Dulle is known to many of you as a longtime Berkeley resident and former editor of the *Poobah*. Although Mary and Joe sold their lovely home on Pembroke and down-sized last December, she still thinks of the *Poobah* with recipes. The day she sent the recipe for basil salt, a friend of mine published a recipe for a basil pie on a small writers' listserv. I was immediately struck by the pairing and asked Austinite Stephanie Raffelock if we could use her recipe. She agreed. So this is to some extent a basil column, but thanks to Polly Hooper for adding some variety.

## BASIL SALT

RECIPE FROM MARY DULLE

### INGREDIENTS:

- 1-1/2 C fresh basil leaves (roughly chopped).
- 2 C Kosher salt

### DIRECTIONS:

1. Preheat oven to 170f.
2. Place leaves and salt in blender or food processor.
3. Pulse a few times to break down the basil into smaller pieces.
4. Place on baking sheet lined with parchment or silpat.
5. Spread out across sheet, place in oven.
6. Bake for 30 minutes to dry out the basil.
7. Break apart any clumps. Let cool.
8. Store in an airtight jar.

Good as a finishing salt sprinkled on veggies, eggs, fresh tomato slices.

## BASIL PIE

RECIPE FROM STEPHANIE RAFFELOK

This is a traditional dish used to celebrate the spring in some areas of Iraq. The recipe calls for cilantro, parsley, and dill. We loved the pie, but over time, I began to experiment and my love for basil took over. I also added the turkey sausage links. I've served Basil Pie for Sunday brunch. With a cup of butternut squash soup, I've served it for dinner. It's a fun unique dish, that I'm happy to share. Enjoy!

### INGREDIENTS:

- Basil – 4 cups of finely chopped
- White Onion – 1 small and very finely chopped
- Turkey Link Sausage – six
- Olive Oil – enough for sauté
- Turmeric – 1 heaping teaspoon
- Fennel Seed – 1 heaping teaspoon
- Baking Powder – 1 level tablespoon
- Salt – a dash, or to taste
- Eggs – five whipped eggs

I use the food processor for as much of this as I can. Persian herb pies traditionally contain herbs that are finely chopped with a knife, but I don't have the patience.

### DIRECTIONS:

First, process four cups of finely chopped basil and set aside.

Finely chop or process the small white onion. Sauté until thoroughly cooked. Set aside and let cool. Pour a tablespoon or two of olive oil into a skillet with a good fitting lid (non-stick is best). Next cut the turkey sausage links into rounds and arrange on the bottom of the pan. Heat the pan on low flame.



# FROM BERKELEY KITCHENS (CONTINUED)

Put the cooled onions in a mixing bowl. Add the basil, turmeric, fennel seed, baking powder, and salt.

Whip five eggs and then pour them into the bowl. Stir until everything is thoroughly mixed.

Pour mixture (it should be fairly thick) over the sausage in the bottom of skillet and smooth out.

Cook on lowish flame for about 15 minutes with the lid on. You can tell that the egg mixture is done when you can touch the top of the eggs and there is very little give.

Place skillet under broiler for two minutes to assure that the top is cooked. Your non-stick skillet should allow you to slide the Basil Pie onto a plate. Slice and serve with a dollop of plain yogurt on top of each serving.

## GREEN BEAN RECIPE

RECIPE FROM POLLY HOPPERS KITCHEN

Who knew something as simple as canned green beans could get rave reviews. I recently made green beans as a side dish to a brisket and potato salad I cooked for a group of ten. The green beans were a huge hit and I thought I would share this simple method for making them.

### INGREDIENTS:

5 cans undrained cut green beans (I used Del Monte)

2 rounded teaspoons Better Than Bouillon chicken flavor

1 stick butter

Dried Sweetened Cranberries

Real Bacon Bits

### DIRECTIONS:

Place undrained green beans in a pot with the Better than Bullion, stir to combine.

Bring too a boil on the stovetop and simmer covered for 30 minutes , checking periodically to make sure the liquid hasn't all evaporated.

Drain remaining liquid and add butter, stir and place in serving dish.

Garnish with dried sweetened cranberries and real bacon bits to taste and serve.

Serves 8-10 as a side dish.



## BPA BANK ACCOUNT BALANCES

BY TESS MCDONALD

Savings account                      \$15,034.88

Checking account                      \$40,096.55

*Submitted 9/18/2023*

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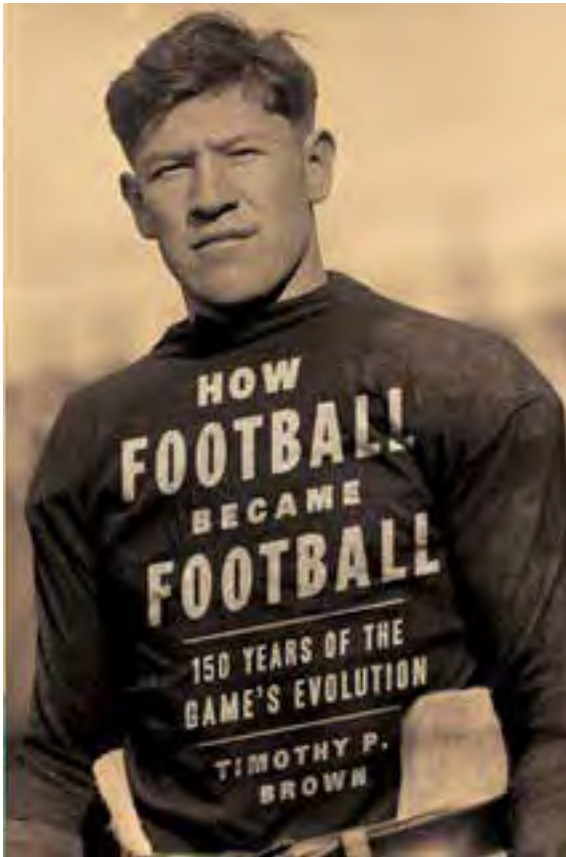
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# HOW FOOTBALL BECAME FOOTBALL, 150 YEARS OF THE GAME'S EVOLUTION

BY TIMOTHY P. BROWN, REVIEWED BY DEBRA MILLION



longer a part of the game. The dramatic evolution of stadiums, equipment, penalties, and fans is also highlighted. Even if you don't feel like a football fan, this book will enlighten you about the sport that is a national obsession. With sixteen current NFL quarterbacks hailing from the Lone Star State, no place is that obsession stronger than Texas.



It's my favorite time of year, football season. Specifically, college football, the best American sport in my opinion. Sorry baseball fans. So, I thought this month's book corner should recommend a book on football. I had to keep it impartial, no biographies, no favorite players or coaches, no histories of certain college programs, and yes, no references to a certain crimson clad team north of the Red River.

*How Football Became Football* by Timothy P. Brown is a fun read that covers the history of football from its beginnings as a strange variation of rugby to the multibillion dollar spectacle that it is today. Organized by era and full of illustrations and explanations, the book explains why certain plays with names like "Maul Ins," "Puntouts," and "Quarterback Kicks" are no

The advertisement features the Edward Jones logo in a yellow box at the top left, with the website 'edwardjones.com' and 'Member SIPC' to its right. Below this is a photograph of three people in a professional office setting. The main text reads 'Complimentary portfolio review.' Below this, there are two profiles: Bruce C. Border, CFP®, Financial Advisor, located at 2453 Forest Park Boulevard, Ft Worth, TX 76110, with phone number 817-926-8056; and Jessica Davis, CFP®, AAMS™, CRPC™, Financial Advisor, located at 2501 Parkview Dr Ste 203, Ft Worth, TX 76102, with phone number 817-337-0723. At the bottom left of the ad, there is a small reference code: 'MKT-5894L-A-A1 AECSPAD'.

# DOWNTOWN'S iL MODO ITALIAN IS AN AUTHENTIC TREASURE

BY ERIN EAST



il Modo by doing an OpenTable search for at least a 4-star dining experience. We were greeted by a joyful hostess who sat us in a corner spot, gave us an anniversary shout out and assured us we were going to love il Modo. Within moments our server, Emily, welcomed us and got us started with their white negroni, a cocktail of Italicus (an Italian liqueur), Sipsmith Gin, and Dolin Blanc, and orders of meatballs made of dry-aged beef and covered in spicy pomodoro, basil, and parmesan, and the crispy calamari, accompanied by Peppadew peppers, spicy pomodoro, and Dijon aioli. The meatballs were compact yet tender and scrumptious. The calamari was distinctively chewy, lightly battered, not greasy at all, but lush with a squeeze of lemon. I didn't find the pomodoro very spicy but tangy and sharp, accenting both of our appetizers.

The luxury boutique Kimpton Harper Hotel ("Kimpton") opened in June 2021, in a time when travelers were still skeptical and worried about a recirculating Covid world. Located at street level inside the Kimpton is il Modo, an Italian restaurant that, despite opening in a turbulent restaurant market, has won several accolades including *Fort Worth Magazine's* "Best of 2022" Editor's Pick for Italian and OpenTable's Diners' Choice 2023.

The Kimpton and il Modo were part of a massive renovation to the original Farmers and Mechanics National Bank Building built in 1921 and once the tallest building downtown. Today, the sleek tan leather booths, modern black chairs, and white marble bar welcome guests into a new era within the walls of the elegant historic building.

We had tickets to a show at Bass Hall on a Friday in late July (which also happened to be our twenty-second wedding anniversary) and we discovered



*Calamari special, with broccolini and Brussel sprouts*

*(Continued on the next page)*

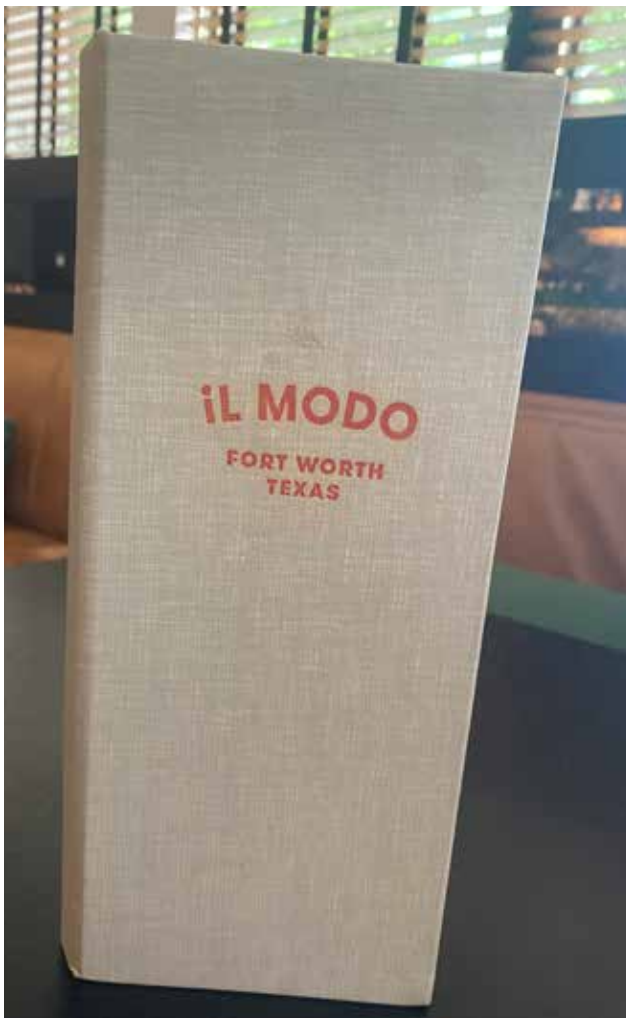
# DOWNTOWN'S iL MODO ITALIAN IS AN AUTHENTIC TREASURE (CONTINUED)

il Modo highlights a handful of regular menu items, but Emily explained it is known for its seasonal dishes, off menu. For my entrée I selected one of the evening's specials, a house-made calamara-ta pasta, (named because the pasta resembles calamari squid rings) with a smoked brisket and red sauce, and Christopher chose the pappardelle pasta with wild boar, tomato-herb ragu, and grana padano. We picked sides of the Brussel sprouts, enhanced by guanciale (an Italian cured meat made from pork cheek), cipollini onions, balsamic vinaigrette, and parmesan, and the broccolini, intensified with sun-dried tomato, lemon oil, and parmesan.

We shamefully ordered way too much food and taking leftovers into Bass Hall was out of the question, so we tried in earnest not to waste food, but we lost that battle. The pastas were hearty and shareable in size. Honestly, I was full after the meatballs and multiple cocktail refills! Everything was truly wonderful. The menu is full of exquisite listings from scallops, a filet, a lamb shank to the chef's pizza of the day. il Modo offers three "for the Table" options of a Branzino, which is a whole seabass, a Florentine porterhouse, and a seafood platter.

il Modo hosts pasta-making classes in the pasta kitchen located behind a glass wall beside the bar. Patrons can watch the staff twist, fold, and wring out their pristine pastas. The restaurant is the site of new scent reveals when the Kimpton unveils its newest Paris-made Diptyque fragrances for their hotel rooms. The Kimpton built a roof top bar, Refinery 714, which hosts Whiskey Wednesdays. We ran out of time to visit Refinery 714 with a 7:30 p.m. curtain call at Bass Hall, but we will return to explore the menu and toast my beloved downtown skyline soon.

il Modo, 714 Main Street, Fort Worth, 76102,  
(817) 415-0144, [ilmodorestaurant.com](http://ilmodorestaurant.com)



# PLEASE DON'T FEED THE FOXES

ADAPTED FROM A 2021 PUBLICATION OF SAVE THE FOX, BROUGHT TO OUR ATTENTION BY DARTMOOR COURT RESIDENT MYRON NOVAK

We are often asked: “What do I feed a wild fox?” The best answer to this questions is don't feed them. This applies to most wildlife but especially predators. Whenever we feed wildlife two things happen: the animals stop hunting, and they lose their fear of humans. While befriending a wild fox may seem like a great idea, it usually ends badly for the animal. “A fed fox is a dead fox” is a common saying among wildlife rehabbers.

What will eventually happen is the person feeding the fox will get too close and be bitten. If you live in a place where rabies exists a bite will lead to the fox having to be euthanized to be checked for rabies. Another possibility is the fox will approach someone who is not friendly, and they will kill them. Wildlife fear of humans keeps them alive.

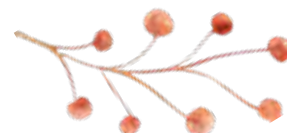
Another issue is that feeding foxes artificially increases the resources available to them. While foxes are hungry, they will not breed prolifically. If hungry long enough they will move on to a new area where they can find more reliable food sources. If we feed them, nature tells them there is enough food, and they will breed prolifically, increasing the fox population when the habitat cannot support it and perpetuating the “need” for human intervention.

If you're lucky enough to have a fox or a fox family sharing your space with you, the best thing to do is stay back and watch from a distance. Enjoy their presence without interfering.

There are few times when wildlife needs our assistance. If you think a wild animal needs help, you should always leave it to the professionals and ask a wildlife Rehabber (or, in Berkeley, call the zoo). You can find one near you on [Ahnow.org](https://www.ahnow.org) The Rehabber can direct you on what to do or intervene themselves if necessary.



If you want to help wildlife with food, we highly encourage you to plant native edible plants such as berry bushes. This will attract animals that eat these berries and other edible plants and create a small natural ecosystem in your own backyard. You must be aware when doing this though that there will be predator and prey dynamics, especially if you have small pets. If you still insist on feeding them artificially, even after knowing this, it's critical you feed them a diet that is healthy and not harmful. Too often we see people feeding harmful diets that can be deadly over time. When feeding foxes, we recommend high-quality grain-free dog food, like Acanna, raw meat like chicken, eggs, veggies, and fruit. You'll have to experiment with the plant matter, but they usually like berries and melon and squash. Do not ever feed pork or cat food and only offer minimal beef. Don't feed them anything toxic to dogs, like grapes or chocolate. Feeding foxes sweets like jelly sandwiches and cake and such is harmful, not helpful. Just because they think it's good doesn't mean it's good for them.



# DIRECTORY CHANGES/UPDATES

BY TESS MCDONALD

ADDRESS	NAME	PHONE/EMAIL
1925 Dartmoor	de la Fuentes, Lupe and Ayesha (Rahan, Ilan, Camilla)	512-966-0731
1808 Forest Park	Shivers, Cale Wiley-Shivers, Ashlan	817-360-5951
2040 Glenco	Olson, Wayne & Marcella	
2207 Glenco	Remove Holmes Family	
2224 Hawthorne	Bailey, Patrick & Vivian (Wesley)	956-202-5410 vivian.m.villareal@gmail.com
2204 Huntington	Drew, Noah & Katie (Cooper)	713-410-7331 (n) noah.drew@yahoo.com (k) cooper.e.katie@gmail.com
2229 Stanley	Remove Bailey Family	
2200 Ward	Poeschel, Frank & Tobye	tobye.poeschel@gmail.com
2229 Ward	Welder, William & Keely (Camille, Cosette)	
1932 Warner	Schafer, Cassidy	817-235-9916
2301 Warner	Holmes, Chad & Katie (Liam, Conor)	cvschafer@outlook.com (k) 817-266-1473 (k) kholmes330@gmail.com (c) cholmes41@gmail.com
2213 Wilshire	Newberry, Don & Bonnie (Cole, Gavin)	(b) bpnewberry@gmail.com
1912 Windsor	Murray, Diane	dimurr@gmail.com
2228 Windsor	Cunningham, Sam & Addie	512-809-5476 addiekcunningham@gmail.com

# THINGS YOUR BURGLAR WON'T TELL YOU

1. Of course I look familiar. I was here just last week cleaning your carpets, painting your shutters, or delivering your new refrigerator.
2. Hey, thanks for letting me use the bathroom when I was working in your yard last week. While I was in there, I unlatched the back window to make my return a little easier.
3. Love those flowers. That tells me you have taste ... and taste means there are nice things inside. Those yard toys your kids leave out always make me wonder what type of gaming system they have.
4. Yes, I really do look for newspapers piled up on the driveway. And I might leave a pizza flyer in your front door to see how long it takes you to remove it.
5. If it snows while you're out of town, get a neighbor to create car and foot tracks into the house. Virgin drifts in the driveway are a dead giveaway.
6. If decorative glass is part of your front entrance, don't let your alarm company install the control pad where I can see if it's set. That makes it too easy.
7. A good security company alarms the window over the sink. And the windows on the second floor, which often access the master bedroom—and your jewelry. It's not a bad idea to put motion detectors up there too.
8. It's raining, you're fumbling with your umbrella, and you forget to lock your door—understandable. But understand this: I don't take a day off because of bad weather.



9. I always knock first. If you answer, I'll ask for directions somewhere or offer to clean your gutters. (Don't take me up on it.)
10. Do you really think I won't look in your sock drawer? I always check dresser drawers, the bedside table, and the medicine cabinet.
11. Here's a helpful hint: I almost never go into kids' rooms.
12. You're right: I won't have enough time to break into that safe where you keep your valuables. But if it's not bolted down, I'll take it with me.
13. A loud TV or radio can be a better deterrent than the best alarm system. If you're reluctant to leave your TV on while you're out of town, you can buy a \$35 device that works on a timer and simulates the flickering glow of a real television. (Find it at [faketv.com](https://www.faketv.com).)

*(Continued on the next page)*



# THINGS YOUR BURGLAR WON'T TELL YOU (CONTINUED)

## MORE THINGS A BURGLAR WON'T TELL YOU:

1. Sometimes, I carry a clipboard. Sometimes, I dress like a lawn guy and carry a rake. I do my best to never, ever look like a crook.
2. The two things I hate most: loud dogs and nosy neighbors.
3. I'll break a window to get in, even if it makes a little noise. If your neighbor hears one loud sound, he'll stop what he's doing and wait to hear it again. If he doesn't hear it again, he'll just go back to what he was doing. It's human nature.
4. I'm not complaining, but why would you pay all that money for a fancy alarm system and leave your house without setting it?
5. I love looking in your windows. I'm looking for signs that you're home, and for flat screen TVs or gaming systems I'd like. I'll drive or walk through your neighborhood at night, before you close the blinds, just to pick my targets.
6. Avoid announcing your vacation on your Facebook page. It's easier than you think to look up your address.
7. To you, leaving that window open just a crack during the day is a way to let in a little fresh air. To me, it's an invitation.
8. If you don't answer when I knock, I try the door. Occasionally, I hit the jackpot and walk right in.
9. Don't put a mourning wreath or some other sign of bereavement on your front door. We check obituaries and funeral times, and if something looks promising we'll hit during the funeral. Do you really need a double tragedy?

Sources: Convicted burglars in North Carolina, Oregon, California, and Kentucky; security consultant Chris McGoey, who runs [crimedoctor.com](http://crimedoctor.com); and Richard T. Wright, a criminology professor at the University of Missouri-St. Louis, who interviewed 105 burglars for his book *Burglars on the Job*.



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A cartoon illustration of a handyman named Climmy Reynolds. He is wearing a yellow hard hat, a blue short-sleeved shirt, and brown work boots. He is holding a long wooden plank over his shoulder with his right hand and a circular saw with his left hand. He has a tool belt with various tools on it.

# MEET ALVIN

BY ROBIN FULTON



be ideal for him. Alvin is potty, crate, and leash trained, and he also knows basic commands. He is neutered, microchipped, and fully vaccinated.

Alvin is good with older/considerate kids and adults. Somewhat vocal, he is good in the car but requires a yard because he loves to play fetch. He also likes to play with toys and particularly likes to be in your lap. All these describe Alvin: obedient, playful, timid, affectionate, eager to please, intelligent.

This handsome boy is hoping to find his forever home! Please reach out to Allie's Haven Animal Rescue at [allieshaven.org](http://allieshaven.org).

Look at this leggy stunner! Alvin (aka Loki) is a blonde, almost two-year-old, sixty-pound scruffy boy. He is the true definition of man's best friend. He loves other dogs, and when he realizes that you are his human, he'll follow you anywhere and everywhere. He's a sweet boy that likes to play and loves anything to do with water.

He is good with dogs and cats, and another dog in the home to become Alvin's best friend would



# In Loving Memory



Berkeley mourns the passing of Dr. George Joe on August 24th, 2023 at age of 80.

Dr. Joe was a longtime research scientist at TCU's Institute of Behavioral Research. He joined the staff in 1969 and devoted the rest of his fifty-four-year career to researching drug addiction treatment, efficacy models, and the etiology of drug abuse. He wrote and published several books on his research findings, along with over a hundred professional journal publications. He was a member of the NIDA Treatment Research Subcommittee and Special Emphasis Panels. George was devoted to his work, contributing greatly to scientific understanding of how to treat drug addiction. And besides his professional role at the IBR, he considered it his family too.

George was active at St. John's Anglican Church, faithfully serving as usher and attending weekly Bible study. He especially enjoyed the coffee times after service every Sunday. He also had a passion for music and classic Hollywood films. He loved musicals, especially movies featuring stars like Judy Garland and Fred Astaire. He reveled in the musical heyday of the three decades following those early loves.

He also loved sports, especially football and basketball, faithfully and fervently following the Georgia Bulldogs and TCU Horned Frogs football as well as the Tom Landry Dallas Cowboys. He was definitely conflicted when UGA played TCU.

Known for his quiet humility, goofy sense of humor, and generosity toward everyone around him, he went out of his way to be present for his family, friends, colleagues, and beloved church community.

Born in Augusta, George attended Augusta College and graduated from the University of Georgia with a bachelor's degree, intending to teach mathematics. Instead he pursued graduate study in research design and received a Doctor of Education degree from the University of Georgia.

George is survived by his sister Rose Mary; brothers-in-law Greg Heist and William Larson, nieces and nephews, and other family and friends, as well as special friend Barbara Turner.

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