

# THE BERKELEY PLACE POOBAH

THE NEWSLETTER OF THE BERKELEY PLACE ASSOCIATION, FORT WORTH, TX



## PRESIDENT'S LETTER

AMY ALLIBON, BPA PRESIDENT

Mark your calendars now for the April 1 Easter Egg Hunt at Tillery Park at 2:00 p.m. Make sure that you're keeping up on the Buzz about how to contribute eggs or candy. Dee Dee Byrne and her daughters, Molly and Ginny, will serve as our hosts this year. There's an ad in the *Poobah* telling you where to send your candy-filled plastic eggs this year. Thank you, Byrne women, for hosting this event!

It's March and the big BPA concern is zoo traffic. Almost all neighboring school districts have spring break dates of March 13-17. The key date is half-price day, Wednesday, March 15. If you are retired or work

from home, you should plan on congested traffic that week with congestion on that Wednesday and Saturday in particular. While I would love for the zoo and the FWPD to manage this so that we feel no impact, I do not believe that is realistic with the advancement of applications like Google Maps and Waze. I do believe our zoo personnel and FWPD leaders plan and do the best possible job. Luckily, this traffic occurs between 9:00 a.m. – 3:00 p.m. when many are at work. If you are retired or work from home, make sure that you are aware of these dates and plan accordingly. Treat March 15 like a fifth snow

*(Continued on page 2)*

### INSIDE THIS ISSUE:

President's Letter..... 1-2

Around the Neighborhood .3

Who's Teaching Your Kids? ..... 4-7

A Work of Art on Kensington ..... 8-9

If Walls Could Talk..... 11

BPA Annual Easter Egg Hunt ..... 12

Canine Pancreatitis ..... 13

Welcome Moss Floral Atelier .....14-15

2023 BPA Dues ..... 16

Berkeley Cheers ..... 17

From Berkeley Kitchens.....18-19

Ridglea Pool Association 20

The Joy of Medicare .... 21

Rosie's Book Corner .... 22

City of Fort Worth Neighborhood Award Recognitions..... 23

Who to Call..... 24

### NEXT MEETING OF THE BPA

**Zoom Virtual Meeting  
Sunday, March 5, 6:00 p.m.**

# PRESIDENT'S LETTER (CONTINUED)

day. I have been assured by Lt. Wade Walls of the FWPD that emergency vehicles can get through to a house if needed. Like Moses, they will part the waters (or the traffic). I have fought the good fight and have Lt. Walls on speed dial. As I write this in early February, I have already spoken to Lt Walls and Councilperson Elizabeth Beck, and plans are being made. One thing you can be assured of is “no parking” signs along our streets much like the signs around TCU for a football game. If you normally park on the street, make plans to share the driveway and not park along the curb. I am working with Lt. Walls for exceptions, so please keep abreast of the most recent information via the Buzz.

Please attend our BPA Q1 meeting on Sunday, March 5, at 6:00 p.m. A zoom link was emailed, but if you are not on the Buzz, email me ([a.allibon@att.net](mailto:a.allibon@att.net)).

[net](#)) and I will send it to you. Lt. Walls, our new NPO Officer Juan Villagomez, and District 9 Councilperson Elizabeth Beck will all be in attendance to field your questions.

Let's talk about the Berkeley Buzz for a moment. If you have an issue with a neighbor, please remember that the Buzz is not the place to air your discontent. While society has lowered standards of kindness and propriety, I hope that our neighborhood does not degrade to this level. Speak (and write) kindly to your neighbors and consider those who volunteer and sacrifice many hours for our neighborhood. We all do not have to agree, but no one needs to openly disparage another. I hope we can go forward with open hearts, open minds, and a spirit of collaboration.

*You're So Close To Home.*

And whether home means a new place in our own Berkeley Place or anywhere else in Fort Worth or beyond...

Let's find your dream together.

LAURA THOMAS  
Neighbor, REALTOR®, Friend

817.690.3645 | [laura@leagueRE.com](mailto:laura@leagueRE.com)

**LEAGUE** | REAL ESTATE



# AROUND THE NEIGHBORHOOD

Want to take a dog for a walk? Thinking about adopting a rescue? Fort Worth Animal Control has an “out and about” program. Basically you take a dog for an outing, giving it a welcome break from the everyday shelter scene. Some dogs spend an unfortunately long time in shelters, and such an outing really enriches their lives. Who knows? You may find a best friend forever. Find more information here: <https://www.fortworthtexas.gov/departments/code-compliance/animals/adoptable>. Currently the program is available only at the North Side shelter; dogs at the Silcox Animal Adoption Center are quarantined due to an outbreak of canine influenza. Check here for updated information:

Animal Care & Control—Welcome to the City of Fort Worth (<https://www.fortworthtexas.gov/departments/code-compliance/animals>)



NBC Texas Today, the lifestyle show, and SMU have named Laura Beard from Lily B. Clayton Elementary School as an SMU Excellent Educator. This honor recognizes Ms. Beard for going above and beyond and making a difference in the lives of students. Nominated teachers may be featured in a segment of Texas Today and the school of winners receives a \$1,000 donation from SMU. Congratulations to Ms. Beard and thanks for what you do for our children.



Don't miss the February issue of *360 West*. Berkeley writer Linda Simmons has an article about Betty Bob Buckley. Ninety-seven-year-old Buckley was a pioneer female journalist in Fort Worth, working for both *Fort Worth Press* and WBAP. Theater has always been an important part of Buckley's life and that of her family. Her daughter is stage and screen star Betty Lynn Buckley, and her son, Norman, is a Hollywood producer. (Twin sons followed in their father's footsteps with degrees in engineering.) Simmons does a great job of portraying this local celebrity, still dynamic in her nineties.

It's that time of year! Get out your pots and pans and wooden spoons, and make a racket—well, not at midnight, but whenever you see an egret in your trees. The advance guard is looking for nesting places right now. Once the birds nest, the law forbids you to harass them—and they are noisy and messy and a nuisance. We want to encourage them to nest in open country, not our neighborhood trees. Read more here: You do not want egrets in your yard. Take steps to deter them now. (<https://www.fortworthtexas.gov/news/2023/2/egrets>)



Ole Lorenzetti reports that all his nieces and nephews as well as cousins came in from three different states to visit him over a weekend. It was a wonderful weekend, he says, with two little cousins, one and three years old visiting, making for a very exciting time for an old man.



Berkeley Place got a shout-out in the February 17 post of [CandysDirt.com](https://www.candysdirt.com), a Dallas real estate blog. Contributor John English wrote that Berkeley homeowners “love where they live” and mentioned the *Poobah* as tangible evidence of the sense of community. Lee Graham of Stanley Avenue is quoted and your editor got a nice nod for a piece I did on neighborhood history for *Fort Worth Report*. Several real good pictures are also tangible evidence of the wonders of Berkeley—and its architecture.

# WHO'S TEACHING YOUR KIDS?

EDITED BY MARY KELLER

With this profile, the *Poobah* begins a series of four articles about the public schools many of our children track through as they journey from kindergarten to high school graduation. While we can't profile all the outstanding teachers who influence your children—and they are many—we can profile the principals who set the tone for their schools and oversee the daily learning process with skill and compassion. This is our tribute to the public school that serve Berkeley.



## Stephanie Hughes

Lily B. Clayton Elementary School

I grew up in Fort Worth, attended Bluebonnet Elementary (note: in the Fall of 2000 Bluebonnet became McLean 6th Grade Center), McLain Middle School, and Paschal. After graduating, I attended North Texas University for my undergraduate degree, eventually pursuing a Masters at UT Arlington and a doctorate at Baylor.

In 1999, I began my professional career with FWISD, teaching middle school math for a few years before becoming an administrator. Seventeen years ago I was selected for a principalship. I truly love being a principal, especially my eleven years here at Lily B.

Because I am a devoted mom, I believe my family

orientation is central to my leadership perspective. I know with our family of three children, two were very successful and one struggled. Now that our children are older, we are still very engaged as parents. Our oldest works in Austin and our youngest is a freshman soccer player at the University of the Ozarks.

What do I do for fun? I used to run half-marathons, participating in six of these runs. I keep telling myself I need to take up running again, maybe not marathons. Also, I love baking desserts, which might be another motivation to get back into running.

Lily B. is a true treasure. We are 101 years old, with a legacy to make a difference for students. Then, now, and always, we are about nurturing our children and celebrating our special neighborhood.

Lily B.'s PK-5 student enrollment is just about 490. We are small enough to get to know our kids individually and large enough to provide special programs. In my years at Lily B. I have seen many changes, such as the 2013 addition of our dual-language Spanish program, now with one classroom in each K-5 grade level.

Our parent, volunteer, and community support is outstanding. Several years ago I instituted our Lily B. Dads' Club and to this day we have about twenty dads who give of their time mentoring kids and encouraging struggling readers. They also pitch in to help with all kinds of classroom and school projects. The Lily B. welcome mat is always out for our grandparents too, inviting them to come and have lunch any day with the children.

Year after year, I'm so grateful for our "getter-done" PTA. They contribute in countless ways to our students, staff, and our building. Currently, they are restoring the historic hallway ceilings and have updated the staff lounge. Other volunteers

*(Continued on the next page)*



# WHO'S TEACHING YOUR KIDS? (CONTINUED)

generously contribute their time, like Ralph who every single morning greets our kids as they come to school.

The Lily B. faculty is outstanding. My responsibility as a leader is to ensure we maintain great teaching and support staff. Once an individual becomes part of our Lily B. team very few leave. When we do have vacancies, I consider an applicant's passion for education a deciding factor. Our teachers and staff are open to learning themselves, adapting,



Lily B. leadership team preparing for a Christmas staff event

and acquiring new skills as necessary. The result is all twenty-eight home rooms, seven special programs, our tutors, and our support staff from our assistant principal, instructional coach, counselor, and nurse all take seriously and put into practice our Lily B. commitment to "Every Child Every Day."

Transitions matter. Here they begin by welcoming our youngest PK and K students. Again our parents pitch in, hosting kindergarten Q&A coffees in their homes and helping with Spring kindergarten meet-and-greet tours. We take our fifthgraders to McLean 6th in the fall to give them a glimpse of what awaits them.

Appreciating public schools is local. Neighborhood schools matter. Together we are here for each of our children. When a child comes to school here, they are enveloped in a network of dedication with the single purpose to care for and educate that student toward a bright future. The Lily B. success is no accident. It's a shared, sacred trust . . ." Every Child, Every Day!"

*(Continued on the next page)*



Carol Stalcup  
Sara Ward  
Helen Searl  
David Searl  
Kay Briggs  
Betsy Horn  
Laura Hunt

Gallery Hours - Mon-Thurs 11-4  
1415 E. Vaughn Blvd., Fort Worth  
Texas Wesleyan University  
Show runs through May

## Voices of 3rd Saturday Art 2023

### EXHIBITION

AT THE BERNICE COULTER TEMPLETON GALLERY  
MARCH 9TH, 5-8PM OPENING RECEPTION

3rd Saturday Art is a group of seven local community artists who came together in 2015. The artists differ in backgrounds, professional histories, and artistic goals. Group exhibits are united not by theme but by the community itself and the value placed on creativity. The makers are free to find their own voices on the journey, with the joy of having companions on the way. The result is a vibrant catalog of 2D and 3D works exploring the human condition, the natural world, the connections between those worlds, the sheer joy of color, and the desire to express inner worlds.

# WHO'S TEACHING YOUR KIDS? (CONTINUED)



**Karen Brown**  
Principal, McLean Sixth

I grew up in South Florida, attended college in Maryland, and began teaching in the FWISD in 1994. Later I earned my master's at TCU and my doctorate in education from Tarleton State University.

My husband and I have built our family here. Our three kids all went through this pyramid (elementary, to McLean 6th, to McLean Middle, to Paschal). Our oldest is twenty-six, and our younger two are at Paschal. As a family, we like to ski and cheer on our favorite college teams. Like most families, we have busy lives and are active in the community.

A guiding principle for me is "treat people the way you want to be treated." I love our school. It is the perfect combination of freedom and structure. McLean 6th is a gentle transition from elementary. Here our students get to practice "big school" requirements like walking to assigned classes on their own. Our organized structure allows kids to begin their secondary school experiences as easily as possible. They grow in confidence by making new friends, learning to adjust, and becoming more personally responsible. Still, we have expectations to help them develop good academic habits. In advisory periods, we introduce students to FWISD's FOCUS system where students and parents can pay attention to grades. Our relatively small class sizes (average 18:1) in the core areas of English language arts and mathematics make this possible.

There are gifts as well as challenges to being in a single-grade school. The time we have to make a difference for our kids is compressed. We are proactive about student transitions from our feeder elementary schools to McLean Middle. Bridging transition challenges inherent in planning and academic continuity includes coordination efforts with our administrative teams and faculties. Building collegiality among our feeder schools depends on

*(Continued on the next page)*

**REYNOLDS HANDYMAN**

Climmy Reynolds  
~  
Master Carpenter  
35 years experience  
Serving Fort Worth area

**817-360-6149**  
climmyr50@hotmail.com  
Call or Text for Free Quotes!

Frances Look

*"Miss Medicare101"*

representing many carriers to better help YOU

972-510-7660      missmedicare101@gmail.com  
licensed in TX, NM, LA, OK, CO

# WHO'S TEACHING YOUR KIDS? (CONTINUED)

communication, trust, and professional respect. We work together with the elementary schools and parents to match the kids and schedules. We host several parent conferences, especially for students with special needs.



*Karen Brown in her office*

We love hosting our future families in the spring. It is essential early on to listen to parents and respond to their questions and concerns. These interactive meetings usually last about an hour and include building tours. We accommodate parents who, for whatever reason, cannot attend the scheduled sessions. By reaching out and engaging with our parents we develop relationships that reassure them about McLean 6th and what's ahead for students.

My personal goal is to let parents know, that whatever question or anxiety they may have, together we will work to figure out solutions. The bottom line: we want to get it right for the child. I am grateful for active and involved parents. Even beyond our amazing PTA organization and programs, our parents are valued as integral to the success of their children and our school. Many times we hear parents' statements like "this is the best year ever." The "extraordinary magic" at McLean 6th is because of our outstanding teachers. They "get"

kids of this age and are devoted to assuring that students achieve and, in the process, grow in their love of learning, plus, have fun doing it. Our faculty's "you can do it!" approach provides 6th graders with chances to take on challenges and develop knowing that we understand and believe in them.

In August, before the beginning of the school year, we conduct our half-day (4-hour) "Bluejay Camp." We have school tours, fun team-building activities, and a chance for the new 6th graders to meet their teachers. New student participation is usually over fifty percent.



*Principal Karen Brown with McLean sixth graders*

I want our families and all of our constituents to know that there are amazing opportunities for everyone in our public schools. We serve and support all of our students through a wide range of academic, extracurricular, and fine arts programs. Please balance what you hear through the news or on social media by finding out the facts. As a community, we can adapt and respond in ways that achieve positive, sustainable solutions.

**Happy St. Patrick's Day!**



# A WORK OF ART ON KENSINGTON

BY DEBRA MILLION

There's a little house on Kensington, built in 1960, that over the years has attracted many artistic people with its mid-century charm. The current owners, Jeff and Katie Murray, and their two boys, Charlie, nine, and Campbell, six, have settled in and made it their own. The Murrays have actually been there for about three years but somehow have never made it into the *Poobah*. Now it's their turn.



Jeff is a West Texas boy, originally from Odessa, and Katie is a North Dallas girl, originally from Plano. How did these two geographically disparate people meet? When Katie was home for the summer, a friend from high school was living in a house in Fort Worth with a group of fellow TCU students. Jeff was one of the residents, already out of college and a busy working man. He was the alpha dog in a house full of young puppies. Katie's friend introduced them, and the rest is history. After they married, she wanted to live in Dallas,

and he said the farthest east he could go was Fort Worth. That's just one of the reasons they ended up in Berkeley.



Katie started at TCU, then moved to Texas Tech to study architecture, and eventually finished her degree in graphic design at UTA. She wasn't quite finished so she got her master's degree in painting at Texas Women's University. She now works as a professional artist, painting murals across Fort Worth, including the murals in the Foundry District and the wonderful Dolly Parton mural at The Market at Ridglea. She also does commissions and works with Art Room at Arts Fort Worth.

Jeff works in Mansfield as vice-president of sales and marketing for a sport optics company. Some of the products they produce are night vision

goggles and binoculars. Jeff went to UTA and was on the golf team and even won the Fort Worth City Championship in 2013. He still tries to get to the course as often as possible but with two busy, sports-minded boys, it's getting harder.

Before Berkeley, they lived in Westcliff, but Katie had a strong affection for Berkeley dating back to her days at TCU. She said she used to drive around the neighborhood because she thought it was so charming and beautiful. When they started their family, another thing that drew them to our neighborhood was our lovely, historic, hundred-year-old elementary school, Lily B. Clayton. Charlie started there in kindergarten and is now in third grade and little brother Campbell is now in kindergarten.



(Continued on the next page)



# A WORK OF ART ON KENSINGTON (CONTINUED)

When I asked Katie about their hobbies, she said most of their free time is spent driving to and from practices and games. Charlie and Campbell are busy playing whatever sport is in season—football, basketball, and baseball. They might bring along their white lab, Penny, unless she has escaped again and is out exploring and making new canine friends.

They enjoy all their neighbors on Kensington, Jeff in particular. There's a group of Vespa riders in the neighborhood that call themselves The Vesperados, and while Jeff has yet to buy a Vespa and join them, he loves to hear of their scooter adventures. Katie says besides Lily B., the thing she loves about Berkeley is how everyone is so kind, engaging and helpful.

Sounds like The Murrays are creating a wonderful family and home on Kensington. And isn't that the greatest work of art?

**ADVERTISE  
IN THE  
BERKELEY  
NEIGHBORHOOD  
DIRECTORY**

*2023-2024*

The 2023-2024 neighborhood directory will be printed soon, but you can still advertise your business or services in it for a nominal charge! You certainly get your money's worth because this directory is given to all your neighbors, used every day, and you get two year's worth of advertising!

**Ad Prices:** Full Page \$100  
Half Page \$65  
Quarter Page \$45

Please contact Annette Stapp Tess at [annetestapp@gmail.com](mailto:annetestapp@gmail.com) or 214.906.4205 to sign up today.



If you're interested in learning how to maximize the value of your home or would like a complimentary market analysis, please call Ruth today at 817.992.9232.

Scan the coffee cup to visit our website!

**DFWStoryGroup.com**



*Selling homes in your neighborhood since 2001*



**Ruth Story**  
Broker  
Listing Specialist  
817.992.9232  
ruth@dfwstorygroup.com



**Kati Van Cleave**  
Broker Associate  
817.992.6817  
kati@dfwstorygroup.com



**Canyon Van Cleave**  
Realtor  
Buyer Specialist  
817.372.5099  
canyon@dfwstorygroup.com



# IF WALLS COULD TALK

BY KAREN PERRY



Deb Nyl speaking at the FWISD Sills Center

On Saturday, February 11, Debra Nyul presented "If Walls Could Talk: 100 Years at Lily B. Clayton"

at the Billy W. Sills Center for Archives at Fort Worth ISD. More than fifty guests heard Debra tell stories about the naming of the school, milestones in history such as World War II and integration, and beloved leaders who established traditions that are still central to the culture of school today.

Deb recognized the efforts of fellow volunteers Debra Million, Lily B. PTA president 2003-2005; Margaret Johnson, PTA archivist for many years; and Candace Swanson, designer of the book.

Don't have a copy of the book? It's a great keepsake and makes a wonderful gift. Get yours from Lily B's online school store at [www.lilybclayton.org](http://www.lilybclayton.org) or contact Karen Perry, PTA historian at [marykarenperry1@gmail.com](mailto:marykarenperry1@gmail.com).

*a friendly arrangement*

by mm floral design

**SOPHISTICATED FAUX FLORAL DESIGN**  
EXCEPTIONALLY REALISTIC, EVERLASTING BLOOMS

Specializing in custom faux floral decor, orchids, indoor plants, trees & greenery

Plus UV protected for outdoors

NEW LOCATION!!!  
2463 FOREST PARK BLVD  
OPEN WEDNESDAYS OR BY APPT

suzanne & maggie moore  
[www.afriendlyarrangement.com](http://www.afriendlyarrangement.com)  
[maggie@mmfloraldesign.com](mailto:maggie@mmfloraldesign.com)  
817.247.0113





A collection of colorful Easter eggs hanging from strings, including purple with a grid pattern, orange with a zigzag pattern, green with a polka dot pattern, pink with a striped pattern, and blue with a polka dot pattern. There are also small colorful flowers hanging from strings. Two white, fluffy clouds are positioned on either side of the main title.

# BPA EASTER EGG HUNT

**SATURDAY, APRIL 1 2-3 PM**

**TILLERY PARK**

**BYOB (BRING YOUR OWN BASKET)  
SNACKS, DRINKS, FELLOWSHIP**

**SEND 1 DOZEN FILLED EGGS PER CHILD TO  
DEE DEE BYRNE  
2217 WARD PARKWAY BY MARCH 25**



# CANINE PANCREATITIS

BY JOHN MINNERLY, DVM,  
UNIVERSITY ANIMAL HOSPITAL



Pancreatitis is a relatively common disease in dogs. It comes in two forms.

The more common and more recognizable form is acute pancreatitis. This usually occurs after getting tidbits at Thanksgiving or Christmas dinners or getting into the trash. A high-fat meal is the likely culprit. The fat causes the pancreas to overwork to produce enzymes to break down the fat. The enzymes then start working on the pancreas itself.

Acute pancreatitis shows as lethargy, vomiting, and diarrhea. The dog is usually in pain and may or may not be running a fever. The dog then becomes dehydrated. Bacteria from the gut start attacking the pancreas causing more inflammation. The dog can become very sick quickly. Getting on fluids, antibiotics, pain and anti-nausea medications, can be lifesaving.

Chronic pancreatitis is less common (we think) and much more subtle. Chronic pancreatitis is the much more common form in cats. It may be the pet is feeling blah for a day or two every four-to-six weeks or so. Appetite may be down a little. Usually we don't see any vomiting. But we may see diarrhea. The dog isn't usually in much pain and continues to drink.

The causes of chronic pancreatitis are not well defined. It could be caused by bacteria from the gut. It could be diet. It could be autoimmune. Some have theorized that it could be a virus. Since it is mild and usually self-limiting, it is hard to figure out a specific cause.

Both forms can have long-lasting effects. Abscesses can form. Scarring usually occurs. Adhesions to surrounding structures can form. This in turn may cause ongoing "tummy issues."

The pancreas serves two major functions. The exocrine

function is to produce enzymes to break down ingested foods. The endocrine function is to produce insulin. Damage to the pancreas can cause enough disruption in its production of one or both of these. Exocrine Pancreatic Insufficiency (you may have seen commercials for human medications on TV) causes chronic diarrhea. Treatment is simple. Adding enzymes to the food before the dog eats is usually all it takes to correct it. It is however a lifelong treatment. Insulin-dependent diabetes is the endocrine deficiency. Treatment requires twice daily (or more frequent) insulin injections and regular monitoring. Diabetes in dogs can be difficult to control and maintain. Many things (infections, dental disease, or Cushing's) can affect the amount of insulin needed. This too is a lifelong treatment.

The acute form is easier to prevent and diagnose. But both forms can have a significant lifelong impact. There is hope, however. A new drug has been approved for clinical trials for acute pancreatitis. It will possibly be available to the market as early as next year.

## BPA BANK ACCOUNT BALANCES

BY TESS MCDONALD

Savings account	\$15,021.78
Checking account	\$37,936.38

Submitted 2/17/2023



# WELCOME MOSS FLORAL ATELIER

BY ROBIN MICHALOVE



Spring is upon us this month, and what better way to enjoy the season than with fresh flowers from Moss Floral Atelier on Park Place. You may have already noticed the gorgeous flowers displayed outside the studio shop across from Old Neighborhood Grill.

With a distinctive, poetic European style, Moss Floral invites customers to experience flowers beyond simply purchasing them.

Owner and creative director, Adri Smith, is a Fort Worth native and Paschal High School graduate, and she is well acquainted with Berkeley through her teachers and friends. Several years ago she moved her floral design business to Allen Avenue, but she wanted a studio retail space where customers could immerse themselves in experiencing flowers firsthand. She opened the boutique in February and offers a curated color palette each week. She and her manager, Alexis McMinn, specialize in hyper-seasonal floral selections and specialty blooms such as butterfly ranunculus, lilac, sweet pea, poppies, peonies,

*(Continued on the next page)*

An advertisement for Mosquito Squad. The background is a photograph of a young child in a blue dress running in a grassy field, with a small dog in the foreground. The dog is holding a red, spiky ball in its mouth. The text is overlaid on the image in white boxes.

**Too precious  
not to protect**  
*from mosquitoes.*

America's original and guaranteed  
mosquito control since 2005.

 **MOSQUITO  
SQUAD®**  
& Pest Control of Fort Worth

**817-770-0770**  
[MosquitoSquad.com](http://MosquitoSquad.com)



# WELCOME MOSS FLORAL ATELIER (CONTINUED)

orchids, and clematis. Additionally, they offer a curated collection of candles and soaps.



Left to right, Alexis McMinn and Adri Smith

The design studio side caters to weddings (including destination weddings) and corporate

events. The new studio shop offers walk-in purchase of arrangements and single-stem flowers as well as advance ordering of special requests. Weekly or monthly subscriptions are available and curated to your color preference and needs. They do deliver within a thirty-five-mile radius if you want to send someone flowers. Known for their care of clients and their attention to design, they can pot flowers in your own vessel, including complimentary orchid potting. They also plan to offer workshops in the studio; in fact, they recently hosted a local Girls Scout troop for wreath making!

If you want to learn more, subscribe to their newsletter from their homepage (it comes with a 10% discount!) or pop in during their spring hours, Tuesdays - Fridays, 11 a.m. - 5 p.m. and Saturdays from 10 a.m. - 3 p.m. You will feel like you are in a Parisian market in our Berkeley neighborhood!

<https://www.mossfloralfw.com>

Our team at Rhodes Securities will keep you clear-headed and away from topsy turvy reactions.

We'll provide the guidance you need to stay focused on the investment plan we've tailor-made for you.

Call Gordon (your Berkeley neighbor!)

phone: 817.334.0455  
toll free: 800.330.0455  
rhodesscurities.com

306 West 7th Street, Suite 1000  
Fort Worth, TX 76102

**RHODES SECURITIES**  
INCORPORATED

endurance. strength. vision.  
MEMBER - FINRA - SIPC - SIFMA

Insurance and investment advisor services offered through Rhodes Investment Advisors, Inc.

Playing the market will only make you dizzy.

**PARK PLACE PHARMACY**

Business Hours:  
Monday - Friday  
9:00am to 6:00pm

Closed Weekends  
& Holidays

Craig Nicholson, RPh  
Monique Nicholson, RPh

Your Neighborhood Pharmacy

Phone: 817-924-9292  
Fax: 817-924-9264

1601 Park Place Ave, Suite B  
Fort Worth, TX 76110-1303



## 2023 BPA DUES

The Berkeley Place Association is our community that supports a friendly and connected neighborhood. Your contributions help pay for the publication of the award-winning monthly *Poobah*, the bi-annual neighborhood directory, and social events throughout the year. Your contributions also assist in neighborhood beautification efforts like the Christmas decorations for our streetlamps and the median on Ward Parkway. The BPA is led by elected volunteer officers who keep abreast of city issues, inform you, and fight for the best outcome for our neighborhood.

### Choose your level of support

- \$30 Resident Level
- \$50 Supporter Level
- \$75 Patron Level
- \$100 Super Fan Level

### Pay electronically or by check:

- **PayPal** - Berkeley Place Association In “add note” section, put your last name(s), address & the word “dues”
- **Venmo** - @tessmaster55 in the “what’s it for” section, put your last name(s), address, & the word “dues”
- **Check**- Include the word “dues” on the memo line of the check and mail to:  
BPA  
PO Box 11447  
FW 76110  
You can also drop at Tess McDonald’s house @ 1912 Ben Hall Ct

Thank you for your support of the Berkeley Place Association.

# BERKELEY CHEERS

Give a shout-out to neighbors who have done something you appreciate! Send your cheer to [j.alter@tcu.edu](mailto:j.alter@tcu.edu) to be included in the next issue.

Cheers to Windsor Place kiddos who loved on Mary Ruth Jones before she headed into a heart surgery. Mary Ruth is home and doing well, working hard daily with her therapies and keeping a positive attitude like always! —Kim Dillon



Congratulations to Joel Heydenburk, new chair of the Fort Worth Real Estate Council. There was a good write-up about him and his philosophy of public service in the January 27 issue of *Fort Worth Report*. We're proud to have him as a neighbor.



Shout out of appreciation and "Job Well Done" to Alice Mocek (of Stanley) and Blythe Heydenburk (of Pembroke). These two young neighbors came to our door after the "Thundersleet" ice event recently. They brought their garden rake and shovel and negotiated a price to clear the ice from our front porch. Forty-five minutes later, these red-faced workers had shed their coats and proudly showed us the result. I know it was harder than they had anticipated, and they seemed delighted with candy bars as a tip. Besides helping us, Blythe and Alice warmed our hearts with their cheery attitudes! —Nancy and Paul Witt



**lauraloftin**  
DENTISTRY

4840 Bryant Irvin Court  
Suite 100  
Fort Worth, 76107  
817-429-4444

[www.lauraloftindentistry.com](http://www.lauraloftindentistry.com)



*We always enjoy seeing Dr. Loftin's Berkeley neighbors in our practice!*



# FROM BERKELEY KITCHENS



## PESTO CHICKEN SALAD IN AVOCADO HALVES

BY JAIMIE SMITH

Jaimie says this is the best chicken salad she's ever had.

### INGREDIENTS:

- Rotisserie Chicken
- ½ cup sun-dried tomatoes, chopped
- 2 cups fresh basil
- 2 tbsp fresh lemon juice
- 2 tbsp nutritional yeast
- 1 tbsp hemp seeds
- ½ tsp garlic powder
- ¼ tsp sea salt
- ⅛ tsp ground black pepper
- ¼ cup extra-virgin olive oil
- 4 large avocados

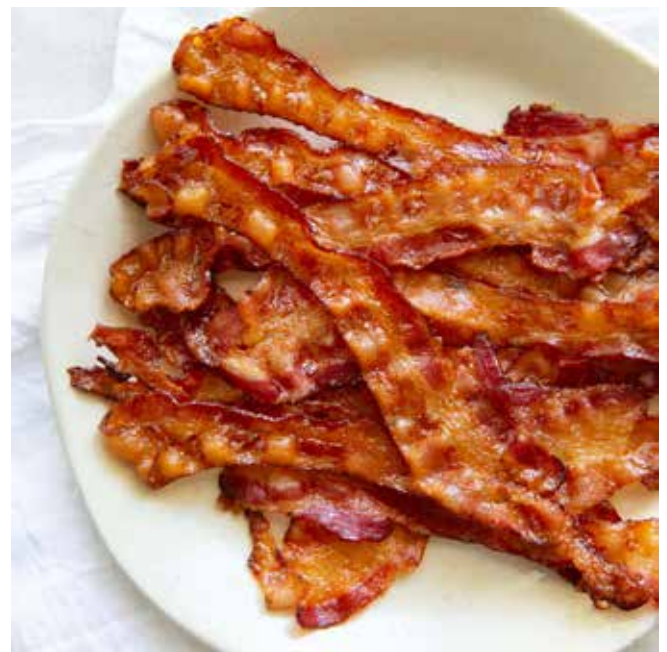
### DIRECTIONS:

Cut meat off rotisserie chicken into bite-sized

pieces. Place chicken in a bowl. Add sun-dried tomatoes to bowl.

Prepare pesto: In a food processor, add basil, lemon juice, yeast, hemp seeds, garlic powder, salt, and pepper. Pulse until basil is finely chopped. With motor running, drizzle in oil; process until smooth. Pour pesto over chicken mixture and stir to combine.

Halve and pit avocados. Remove avocado flesh from skin. Fill each avocado half with mixture.



## CRISPY BACON IN THE OVEN

BY JAIMIE SMITH

Jaimie's family wanted breakfast for dinner one night for family night, and Greg suggested cooking the bacon in the oven. Jaimie had never tried this before and was skeptical, but she calls it fantastic. Plus, it did not make the mess frying bacon in a pan

*(Continued on the next page)*

# FROM BERKELEY KITCHENS (CONTINUED)

does...added bonus. She says she doesn't think she will ever fry bacon in the traditional way again.

## WHAT YOU WILL NEED:

1 lb. package of bacon

Metal sheet pan

Paper towels

## STEP 1: PREP THE BACON

Remove bacon from packaging and arrange the slices on a baking sheet, overlapping the lean edge of each slice with the fat edge of the next one.

## STEP 2: BAKE FOR 25 MINUTES

Preheat the oven for 400° F. Place sheet pan

in the oven on the uppermost rack and begin baking. After twelve minutes, switch the pan to the lower rack and continue cooking another twelve-to-thirteen minutes until slices are golden brown and crispy.

Flavor Upgrade: When switching racks, brush the bacon strips with maple syrup and sprinkle with black pepper.

## STEP 3: DRAIN BACON STRIPS

Remove pan from oven and let cool slightly. Layer two-to-three paper towel pieces on a plate. Transfer strips, one by one, to the paper towels and let sit briefly to allow the grease to soak into the towels. Then serve!



**Working together for  
your financial future.**



**Bruce C Border, CFP®**  
Financial Advisor  
2453 Forest Park Boulevard  
Ft Worth, TX 76110  
817-926-8056



**Jessica Davis, AAMS®, CRPC®**  
Financial Advisor  
2501 Parkview Dr Ste 203  
Ft Worth, TX 76102  
817-337-0723

MKT-5894K-A-A1

Getz  Dental



*Quality dentistry in your neighborhood*

www.jamesgetzdds.com  
2469 Forest Park Blvd  
Fort Worth, TX 76110  
817-924-6211





## RIDGLEA POOL ASSOCIATION

BY BETSY BOOTH

Are you starting to wonder what to do with the kids this summer? I recommend the Ridglea Pool Association and their swim team, the Rockets. They welcome children as young as five all the way up through high school, even ones who barely know how to swim. The coaches are positive and patient, and they make swim practices fun. There are several swim meets during the summer season, as well as special events like a poolside breakfast and a pasta dinner. We made long-lasting friendships.

If you are not interested in the team, you should still know that the facility is a lot nicer than it looks from the street. There is a six-lane fifty-meter pool, a diving well with two diving boards, and a junior pool. There is also a snack bar, volleyball net, and plenty of grass where the kids can play. Large trees provide shade for sitting in one of the many lounge chairs. Group swim lessons are included in the

membership. On the Fourth of July, the lifeguards supervise games and contests. One hour each day is reserved for adults.

If you would like to learn more about the Ridglea Pool, go to [www.ridgleapool.com](http://www.ridgleapool.com). There will be an open house Saturday, May 13th, 10 a.m. to 12 noon.





# THE JOY OF MEDICARE: TRAVEL OUTSIDE OF THE UNITED STATES AND MEDICARE COVERAGE

BY FRANCES LOOK

Lets' go! Hop on a cruise, do the Grand European tour, or eat, love, and pray through India. But what will your Medicare plan cover while you are out completing the bucket list?

To Medicare, "Outside the U.S." means anywhere other than the fifty states of the U.S., the District of Columbia, Puerto Rico, the U.S. Virgin Islands, Guam, American Samoa, and the Northern Mariana Islands.

As a traveler, I have some "experienced" tips for you along the way. "Experienced" usually means "I found this out the hard way." Not only about Medicare plans but some "extra" tips. I now recommend for everyone some things that used to be a luxury. Travel Insurance. Flight delays, diseases, natural disasters—you never know what will happen. Be sure the travel insurance plan will cover those. Carry extra credit cards for medical care or quarantine in a foreign hotel.

## What Medicare pays under each type of plan:

### Medicare Supplement/MediGap

Most Medicare Supplement (Medigap) policies offer additional coverage for emergency health care services outside the U.S. This coverage is included in plans C, D, E, F, C, H, I, J, M or N. Emergency care is covered if it begins during the first sixty days of the trip. After a \$250 yearly deductible, it will pay 80% of the billed charges, with a lifetime maximum of \$50,000. My "experienced tip" is that foreign hospitals will not know how Medicare works and will not "just bill Medicare" for you. Billing is hard enough on the USA side! Pay in full, then send total bill for reimbursement when you get back to USA.

### Medicare Advantage Plans

All Medicare Advantage plans offer worldwide emergency coverage, urgently needed services, and emergency transportation benefits. Pay the

full cost of the emergency health care on discharge, then submit for reimbursement from the insurance company, minus all applicable copays, coinsurance and deductibles.

Original Medicare Coverage. I hope this is not all you have by now! Please tell me you have upgraded.

If you live in the U.S. and the foreign hospital is closer to your home than the nearest U.S. hospital that can treat your medical condition, regardless of whether it's an emergency or everyday healthcare, you are covered. The full cost must be paid on discharge, then submit an itemized bill to Medicare for reimbursement.

As a warning and reminder on only Original Medicare: if you only have Original Medicare A and B for Medicare, there is NO CAP on what you can be charged. I will repeat that scary fact: no cap on what you can be charged. Technically, your portion will be 20% but 20% of what amount?

So, book that trip, pack your bags and take off for the wild blue yonder knowing how your plan will work!

Frances Look • [missmedicare101@gmail.com](mailto:missmedicare101@gmail.com) • 972-510-7660

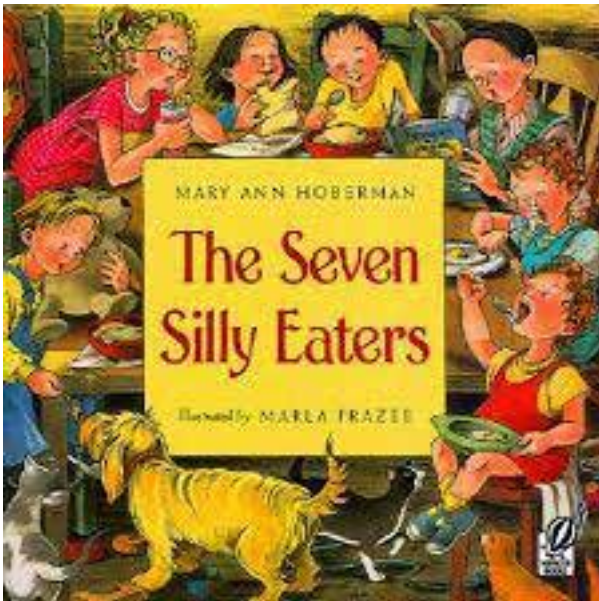


# ROSIE'S BOOK CORNER

BY DEBRA MILLION

Our illustrious editor asked if I would do a monthly article featuring book recommendations, for adults and children. We're calling it Rosie's Book Corner in memory of our daughter, Sarah Rose, who loved to read.

My first recommendation is a delightful children's book called *The Seven Silly Eaters*, written by National Book Award winner Mary Ann Hoberman and beautifully illustrated by Caldecott winning artist Marla Frazee.



This book was one of our girls' all-time favorites. I always recommend it when asked about good books for children that are also fun for parents to read. Despite the fact that I have read it hundreds of times, I never tire of it.

Written in 1997, it tells the story of the Peters family and their seven children: Peter, Lucy, Jack, Mac, Mary Lou, and the youngest, twins, Flo and Fran. Each of the Peters children has their one and only favorite food, and poor Mrs. Peter's tries to prepare each favorite food daily. Having a pair of picky eaters myself, the book was especially funny to me!

Eventually Mrs. Peter's is a wreck trying to please everyone. The children try to do something extra special for her birthday that involves all their favorite foods and the results are unexpectedly sweet, and thoughtfully tasty.



The advertisement for Forest Park Pharmacy features a man and a woman in medical scrubs standing together. The man is wearing blue scrubs and the woman is wearing a white lab coat over a green top. To their right is a logo consisting of a blue pill with a green heart inside. Below the logo, the text reads 'Forest Park Pharmacy' in a bold, black, sans-serif font. Underneath that, the phone number '(682) 250-3116' and the address '2410 Forest Park Blvd. Fort Worth, TX 76110' are listed. At the bottom of the ad, the text 'Now Open!' is written in a large, white, sans-serif font. To the right of this text is a QR code. Below the QR code, the text 'Come experience a modern locally-owned pharmacy. Here for you!' is written in a smaller, white, sans-serif font.

# Congratulations

## 2022 City of Fort Worth Neighborhood Award Recognitions



**Best Newsletter—*Poobah*, Judy Alter, Editor—  
recognized with eight other neighborhood newsletters  
for excellence in communication**

### **Top three finalist in the following categories:**

- **Fort Worth Pride Award**—Hargrove Memorial Park, Frank and Tobbye Poeschel, chairs
- **Fort Worth Mayor's Fitness Award**—Berkeley, Bikes and BBQ—Rob Allibon and Wayne Olson, chairs
- **Fort Worth Spirit Award**—Sensory Safe Halloween—Shelby Ryon and Laurie George, chairs



