

THE BERKELEY PLACE POOBAH

THE NEWSLETTER OF THE BERKELEY PLACE ASSOCIATION, FORT WORTH, TX



EXECUTIVE COMMITTEE UPDATE

DARIEN GEORGE

Dear Berkeley—

I thought I was done... but I guess you'll have to put up with me a little while longer. Unfortunately, our VP and president-elect, Jeff Whitfield and his family are having to relocate outside of the neighborhood. This left us in an awkward position of not having anyone to assume the presidency, and the board felt it was unfair to slate someone in that role who had no prior knowledge. While I was not planning on serving any longer, I offered to continue on for an additional six months which would also allow us to transition smoothly to a new president as well as change the fiscal year to a January-to-December calendar, which many residents have asked for so that it is easier to track dues pay-

ments. Please see below the memo from the executive committee.

Update from the Berkeley Place Association Executive Committee

As the Berkeley Place Association ("BPA") Executive Committee has navigated those changes, they have also recognized an opportunity to improve on the BPA Bylaws. Let's first address the changes within the executive committee and then the proposed improvements to the BPA Bylaws.

In late May, the position of vice president became vacant. That position had been held by Jeff Whitfield, but due to his family's upcoming move out of Berkeley, he withdrew

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THE NEXT MEETING OF THE BPA

THURSDAY, JULY 11, 2019
8 P.M. @ SECOND CHURCH OF CHRIST SCIENTIST

BPA MEETINGS ARE THE SECOND THURSDAY OF THE MONTH @ 8 P.M.

EXECUTIVE COMMITTEE UPDATE, CONTINUED

from the office. According to Article X, Section 7 of the BPA Bylaws, a vacancy in the vice president's position is to be filled for the unexpired term by the executive committee.

The executive committee decided that this time of transition would also be an opportunity to change the end of the BPA fiscal year from the last day of June to the last day of December. Making such a change will improve on the way the BPA handles many administrative matters.

To lead the BPA through this transition and to fill the vacancy in the office of vice president, Darien George, current president of the BPA, has agreed to serve another six-month period as president. His experience leading the BPA over these past two years will be invaluable as the

executive committee works to make the bylaw amendments that will be necessary to achieve this change to the fiscal year.

Serving with Darien on the executive committee will be the following individuals, who will be voted upon at the June BPA meeting:

Steve Scanlon, to serve as vice president through the remainder of calendar year 2019, and to assume the office of president upon the passage of the BPA Bylaw Amendments making the fiscal year end on December 31st.

Charles Dreyfus, to serve as secretary.

Sarah Pemberton, to serve as treasurer.

The bylaw amendments will be made pursuant to Article XV of the BPA Bylaws. The way it is to work is that the amendments will be voted upon at the August 2019 regular meeting of the BPA after notice is given at the July 2019 regular meeting that such a vote will occur. The full text of the amendments will be published in the *Poobah*, on the website, and on the Berkeley Place email group at least ten (10) days prior to the August 2019 BPA meeting. In fact, the BPA executive committee present those BPA Bylaw Amendments for your consideration now. If you have questions, please contact one of the executive committee members to discuss. We trust you too will see the benefit of re-aligning the BPA fiscal year to the calendar year.



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CITY COUNCIL HONORS BERKELEY

BY MARY DULLE

Berkeley Place was named “Neighborhoods USA First Place Neighborhood of the Year” at a recent conference, and members of the board were honored at the Fort Worth City Council meeting on Tuesday, June 18. Councilwoman Ann Zadeh joined the group. In attendance were President Darien George, Past Presidents Jason Brown and Mary Dulle (not shown as she was taking the photos) and Secretary Charles Dreyfus.

Berkeley was honored for working with Mistletoe Heights and Paschal neighborhood associations, as well as with the City of Fort Worth, to have three railroad crossings

designated “Quiet Crossings.” Some of our adjoining neighborhoods were also honored for their good work, tied for third place. Fairmount and Ryan Place for a run they co-sponsored, and the TCU Neighborhood Alliance for efforts to control “stealth dorms.”





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MINUTES OF THE BERKELEY PLACE ASSOCIATION

THURSDAY, JUNE 13, 2019 AT 8 P.M. AT SECOND CHURCH OF CHRIST SCIENTIST IN FORT WORTH, TX

MEETING OPENER

CALL TO ORDER: Jeff Whitfield, Vice-President / President Elect

PRESENT: Jeff Whitfield, Glenco; Steve Scanlon, Windsor; Vance Laminack, Glenco; Martin Rubinson, Warner; Mary & Joe Dulle, Pembroke; Jason Brown, Pembroke; John Hobbs, Chatburn; Mark Herrmann, Pembroke; Tommy Simmons, Windsor; Stacy & Byron Pearson, Forest Park Blvd.; Charles Dreyfus, Park Place

NEW BUSINESS

President-Elect Jeff Whitfield will be moving soon from Berkeley. Bylaws prevent nonresidents from being officers of the BPA, so Jeff cannot serve as BPA president.

BPA President Darien George is proposed to continue to serve as president until January 1, 2020. Steve Scanlon is nominated as vice-president / president-elect. Pursuant to the BPA bylaws stated on the BPA website and in the BPA Directory, bylaw amendments to accommodate this will be presented at the regularly scheduled July BPA meeting and voted on at the regularly scheduled August BPA meeting. A two-thirds vote is necessary to amend the bylaws.

OLD BUSINESS

From the BPA May meeting, other nominees for BPA New Board beginning July 11, 2019 continue to be treasurer, Sarah Pemberton; and secretary, Charles Dreyfus.

ANNOUNCEMENTS

Next Meeting: Thursday, July 11, 2019 at 8:00 p.m.

Adjourned



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PROPOSED AMMENDMENTS PRESENTED IN JUNE 2019

Berkeley Place Association Bylaws

Article I – Name

The name of the organization is the Berkeley Place Association (hereinafter referred to as the Association or BPA). It is incorporated as a 501(c) (4) non-profit organization. The mailing address shall be the post office box: P.O. Box 11447, Fort Worth, TX 76110. The Board may designate another location at its discretion.

ARTICLE II – Purpose

The purpose of the Association is to promote neighborhood unity, civic spirit and good will among area residents; to protect and promote the interests of residents; to promote the improvements of public facilities and services; and to interact with government agencies and other civic public organizations for the advocacy and general welfare of the residents of Berkeley Place.

ARTICLE III – Boundaries

Precise boundaries are as follows:

To the North: Park Place East and West of Forest Park Boulevard.

To the East: Stanley Avenue and Warner Road where Stanley Avenue ends.

To the West: Park Place.

To the South: Ward Parkway and the cul-de-sacs of Warner Road and Stanley Avenue.

ARTICLE IV – Membership

Every adult (18 years or older) who resides in a residential household within the Association boundaries is considered a member of the Association. However, each household has only one vote. The annual Association dues must be paid on a current basis to be eligible to vote.

ARTICLE V – Dues

Section 1. Annual dues are collected on the following basis:

- A. Collection begins January 1 – the start of the Associations' fiscal year.
- B. Annual dues are set as a matter of policy by the Executive Committee with the approval of the membership.
- C. Membership dues are voluntary but non-refundable.
- D. Members who have paid are considered "in good standing" and eligible to vote for that fiscal year.

ARTICLE VI – Sources of Revenue

Section 1. Annual dues collection begins in January and should be paid by April 30. Members may not vote in that fiscal year until they have paid dues.

Section 2. BPA may engage in fundraising activities related to its purposes. The Executive Committee may accept on behalf of the Association any ad revenue, contribution, gift bequest or device for the general purpose of the Association.

Section 3. The President shall, in concert with the Vice President and Executive Committee, prepare an annual budget for the Association. The budget will cover the fiscal year, January 1 through December 31. The budget will show estimates of the revenues from all sources for the fiscal year and will show proposed expenditures of various types for the uses of the revenue. The budget shall be presented to the membership at the October meeting and voted on at the November meeting.

ARTICLE VII – Policies

Section 1. The BPA shall be a nonpartisan organization and shall not support candidates for public office. The Association may take positions on issues. All action appropriate to promote an approved BPA position must be authorized by Executive Committee before the President or the President's representative may so act.

Section 2. Elected officials representing the BPA area may be allowed to make presentations at regularly scheduled or special called meetings.

Section 3. The Association shall never be operated for the primary purpose of profit and no part of its earnings or membership fees shall be used to the benefit of private individuals.

Section 4. Charitable donation consistent with the purposes of the BPA may be considered and approved by the Executive Committee.

Section 5. The BPA's monthly newsletter shall not accept advertisements that endorse political candidates or religious entities.

ARTICLE VIII – Meetings

Section 1. Regular meetings of the BPA shall be held monthly with the exception of December

(continued on the next page)

PROPOSED AMMENDMENTS PRESENTED IN JUNE 2019, CONTINUED

and June on a day designated from time to time by the President or Executive Committee. Special meetings may be called by the President or Executive Committee. Written notification of meetings shall be provided to all members at least five (5) days in advance either by signs, flyer, neighborhood newsletter or Internet site.

Section 2. The members in good standing present at a meeting shall constitute a quorum for voting purposes.

Section 3. The Executive Committee shall meet as required – usually at the monthly meeting.

Section 4. Speakers are by invitation only at the monthly meetings.

ARTICLE IX – Executive Committee

Section 1. The four (4) elected officers and the immediate Past President shall constitute the Executive Committee of the Association.

Section 2. The Executive Committee shall supervise the affairs of the Association in accordance with its stated purposes and policies; transact any business between meetings of the Association and report thereon at the next meeting; and make recommendations to the general membership on matters before the Association.

ARTICLE X – Officers

Section 1. The officers of the BPA shall be the President, Vice President (President Elect), Secretary, Treasurer, and directors at large as needed.

Section 2. Officers shall assume their duties in January and shall serve for two (2) years until their successors are duly elected. Officers may not be elected to the same office for more than two consecutive terms.

Section 3. Any member in good standing with the BPA is eligible for election to office.

Section 4. Officers shall be elected at the November meeting by a simple majority vote of members present.

Section 5. Only one person in a BPA household may hold office at a time. Family members may not hold office or be on the executive committee concurrently.

Section 6. The Executive Committee shall present a slate of one or more nominees for each office one month prior to voting. Nominations from the floor shall be allowed at this time also. Officers shall be elected at this meeting.

Section 7. Vacancies in office shall be handled as follows:

- A. In the event the President is unable to complete his/her term, the Vice President (President Elect) shall become the President for the unexpired portion of the term.
- B. Vacancies in offices other than the President shall be filled for the unexpired term by the Executive Committee.
- C. Unexplained absences as determined by the Executive Committee from three (3) consecutive meetings shall constitute a vacancy of office.

Section 8. Upon retirement from office, each officer shall deliver to his/her successor all papers, records and other property belonging to the Association.

ARTICLE XI – Duties of Officers

Section 1. The President shall be the principal officer of the Association and shall:

- A. Establish the agenda and preside at all meetings of the Association.
- B. Be the sole spokesperson for BPA, except that the Executive Committee may designate another member to serve in this capacity as necessary.
- C. Appoint committee members and chairmen with the approval of the Executive Committee.
- D. Sign, with the Secretary or any other proper officer of the BPA authorized by the Executive Committee, all contracts and other legal documents.
- E. Serve or appoint another member of the Association in good standing as the Association's representative to the Fort Worth League of Neighborhood Associations.
- F. Be empowered to vote in meetings of the general membership and the Executive Board only when necessary to break a tie vote.

Section 2. The Vice President (President Elect) shall:

- A. Act as special assistant to the President and represent the President whenever so designated.
- B. Be empowered to sign any documents as authorized by the Executive Committee. This

(continued on the next page)

PROPOSED AMMENDMENTS PRESENTED IN JUNE 2019, CONTINUED

may be done in the event of an emergency during the absence of the President or due to the President's inability or refusal to act.

- C. Perform all such duties as requested by the President or Executive Committee.
- D. Succeed the outgoing President in January of the fiscal year.

Section 3. The Secretary shall:

- A. Keep minutes of the proceedings of all meetings of the Association.
- B. Preserve in file all records of value to the Association.
- C. Sign, with the President, all contracts and legal documents.
- D. Conduct the correspondence of the Association.
- E. Perform such other duties as requested by the President or Executive Committee.

Section 4. The Treasurer shall:

- A. Have charge of all the funds of the BPA and their deposit in a financial institution in BPA's name as approved by the Executive Committee.
- B. Pay all bills and distribute funds as authorized by the Executive Committee.
- C. Present financial status report at each meeting.
- D. Maintain, in conjunction with the membership chair, a current roster indicating the name, address and telephone number of each member.
- E. Keep itemized and complete records of all receipts and expenditures in a permanent file.
- F. Show the President bank reports on a monthly basis.
- G. Require approval signature of the President on checks for payment of invoices over \$100.
- H. Educate Board members and members involved in authorized purchasing on use of Tax Exempt forms.
- I. Maintain tax exempt status for the Association.
- J. Perform such other duties as requested by the President or Executive Committee.

Section 5. Directors at large shall:

- A. Serve as chairs of standing committees as appointed by the President.
- B. Provide advice and assistance in carrying out BPA activities.

- C. Perform other duties as requested by the President or Executive Committee.

ARTICLE XII – Duties of Street Representatives

Section 1. This position is appointed by outgoing street rep. If position is left vacant or outgoing rep fails to appoint a successor, the President or Executive Committee may appoint an alternate volunteer.

Section 2. Monthly duties include:

- A. Attend monthly BPA meetings and pass information to neighbors as necessary.
- B. Deliver BPA *Poobah* newsletter.
- C. Welcome new neighbors and provide information to association and newsletter.
- D. Collect dues from neighbors.
- E. Wrap and unwrap street poles on their street in December.
- F. Help make and distribute "holiday baskets" in December.
- G. Help coordinate a block party for their street.
- H. Raise awareness of neighborhood events and civic matters pertaining to the BPA.

ARTICLE XIII – Duties of Committee Chairpersons

Section 1. Berkeley Group Email Chairperson

- A. Shall coordinate and keep record of members who are currently signed up.
- B. Ensure that only BPA members or individuals approved by the Executive Committee are authorized to access the group email.
- C. Shall have authority to warn or remove a BPA member who abuses the group email guidelines.

Section 2. City Hall Chairperson

- A. Shall attend City Hall meetings and report back pertinent information at BPA meetings.
- B. Shall remind or advise the President and/or Executive Committee on matters that concern or have potential to affect BPA homeowners' interests.
- C. Will investigate as requested by the Executive Board areas of concern that are governed by City policy or law.

Section 3. League of Neighborhoods

- A. Shall attend League of Neighborhood meetings regularly and report items of interest at monthly BPA meetings.

(continued on the next page)

PROPOSED AMMENDMENTS PRESENTED IN JUNE 2019, CONTINUED

Section 4. Membership Chairperson

- A. Shall maintain computer database of current members and directory information.
- B. Will publish a new neighborhood directory every two years in November.
- C. Will publish a list of changes to membership between directories.

Section 5. *Poobah* Ads

- A. Shall solicit and maintain advertisers for BPA *Poobah* newsletter.
- B. Will invoice advertisers and submit monies in timely fashion to the BPA Treasurer.

Section 6. *Poobah* Editor

- A. Shall coordinate and collect information for monthly newsletter.
- B. Will prepare a document ready for publication each month.
- C. Will send and coordinate publication with printer and arrange delivery or pickup of newsletters.
- D. Is responsible for editing content of newsletter, reminding contributors of deadlines, and alerting President or Executive Committee of any issues requiring Board consideration before printing.
- E. Shall distribute newsletters to street reps within 48 hours of receipt from printer.
- F. Will arrange distribution with another volunteer or Executive Committee if this cannot be accomplished in timely fashion.
- G. Shall coordinate with BPA Treasurer on any invoices.

Section 7. Lily B. Clayton Liaison

- A. Shall keep BPA informed of any school events or concerns.
- B. Will act as liaison between school and BPA to ensure neighborhood awareness or support.

Section 8. Social Chair

- A. Shall assemble a team for each event.
- B. Shall coordinate with the President or Executive Committee regarding budget, materials, date, time and publicity for each event.
- C. Shall publicize events through the *Poobah*, Berkeley Place email group, web site and/or flyers and street signs.

Section 9. Web Master

- A. Shall maintain the BPA website – keeping information current and posting recent issues

of the neighborhood *Poobah* newsletter.

- B. Shall submit for payment any invoices required for website registration.

ARTICLE XIV – Parliamentary Authority

The rules contained in the edition of Robert's Rules of Order, Newly Revised shall govern proceedings of the Association.

ARTICLE XV – Amendments

These bylaws may be amended by a two-thirds (2/3) affirmative vote of the members present and voting at a regular meeting, provided that notice of such an amendment has been given to the membership at a previous regular meeting. A full text of such an amendment shall be published in the *Poobah*, on the website and on the Berkeley Place email group at least ten (10) days prior to the date the amendment will be considered.

ARTICLE XVI – Dissolution

Berkeley Place Association may be dissolved in the same manner as the procedures outlined in ARTICLE XV - Amendments, provided that the disbursement of all monies and properties be acted upon prior to dissolution, and in accordance with the requirements of the Texas Non-Profit Corporation Act then in existence or other applicable law.

ADOPTED by a majority vote of the membership at the regular scheduled meeting held on the 8th day of August, 2019.

President
Darien George

Vice-President
Steve Scanlon

AROUND THE NEIGHBORHOOD

Birthday wishes to a centenarian

By Mike Keller

Belated congratulations and cheers to Joyce Fuqua of Warner Road, who celebrated her hundredth birthday in February. Family and caretakers gave her a small celebration.

Joyce moved to Berkeley around 1929 with her parents when she was ten. Her father was the owner of a meat market/deli store, known as Fuqua's, for quite a few years, as well as some other business endeavors. (Apparently, Fuqua's was well known in its day.)

She worked as a nurse all her life until retirement and had earned her degree at TCU back when it was unusual to do so. She once mentioned she used to ride her bicycle back and forth to the school and watch the football games.

It was only in recent years that she stopped driving, but she used to enjoy driving up to the Braum's to get a

hamburger almost every day, even into her nineties. She once mentioned she drove to California to visit her sister in a 1932 Ford Coupe.

Ms. Fuqua has always been appreciative of the Berkeley Christmas baskets and enjoys receiving those from the ladies, as well as watching our 4th of July parades from her porch. When you go by this Fourth, be sure to wave at her.

Needing neighborhood news

Poobah craves news of neighbors like this belated recognition of Joyce Fuqua's birthday. Do you know of a neighbor with a new baby, a new job or significant professional accomplishment, a recent trip, recent retirement, an illness for which we should send best wishes, a death for which we should send condolences? Please send neighborly news and help make the *Poobah* a real neighborhood newsletter.

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ALLOWAY'S NURSERY®

Monthly Lawn & Garden Checklist

January

- Prune trees and roses
- Prepare garden & flowerbeds
- Spray Bonide All Seasons Spray Oil for Scale on camellias, hollies & euonymus
- Plant fruit trees & berries
- Plant onions transplants & potatoes
- Protect tender plants from hard freezes
- Use Calloway's Tree & Shrub Planting Mix

February

- Apply weed pre-emergent as recommended
- Use Bonide Crabgrass & Weed Preventer with Dimension for grassy and broadleaf weeds or Bonide Weed Beater Complete Pre-emergent Granules for pre & post control
- Plant or transplant trees and shrubs
- Spray dandelions (a broadleaf weed) with Bonide Weed Beater Southern or Bonide Ultra Weed Beater

March

- For new lawns apply:
Calloway's Premium Lawn Food 21-5-10
- For mature lawns apply:
Calloway's Premium Phosphorus Free Lawn Food 21-0-0
- Apply Turf Soil Builder to revive the soil
- Spray visible weeds with Bonide Weed Beater Southern
- Plant spring flowers with Calloway's Flower Bed Mix, then fertilize with Calloway's Flower Food or Calloway's Amazing Blooms
- Purchase caladium bulbs
- Amend vegetable beds with Calloway's Organic Compost
- Cut back ornamental grasses before new growth appears

April

- Plant spring bulbs
- Plant caladium & elephant ear bulbs after the 15th
- Feed trees and shrubs with Calloway's Professional Tree & Shrub Food
- Watch for fungus and brown patch; apply Bonide Infuse Spray or Granules as needed
- Prune and fertilize with Calloway's Azalea Food after they bloom
- Apply Bonide Weed Beater Southern or Bonide Ultra Weed Beater to stop broadleaf weeds
- Plant spring annuals and perennials with Calloway's Flower Bed Mix then fertilize with Calloway's Flower Food or Calloway's Amazing Blooms

May

- Apply 2nd application of pre-emergents for crabgrass and grass burrs
- Apply 2nd application of lawn food
- Apply Turf Soil Builder to revive the soil
- Apply Sedge Ender for nutsedge
- Spray established weeds with Bonide Weed Beater Southern or Bonide Ultra Weed Beater
- Time to plant tropical plants

June

- Watch for scale & aphids on crapemyrtles
- Treat web worms on trees and shrubs with Monterey B.t.
- Apply Bonide Infuse or Granules to stop lawn fungus
- Treat insect problems on lawns or ornamentals with Bonide Eight Insect Control
- Control fire ants with Amdro or Bayer Fire Ant Killer
- Watch for June bugs (adult grub worms) see July
- Apply Natural CedarCide to deter mosquitoes

July

- Mid-month treat for grubs with Bayer 24hr Grub Control or Bonide Eight Insect Control
- Feed trees and shrubs with Calloway's Professional Tree & Shrub Food
- Water pots and hanging baskets daily
- Water lawns, 1" per week, best done in early mornings
- Apply Natural CedarCide to deter mosquitoes

August

- Treat insect problems with Bonide Eight Insect Control
- Water pots and hanging baskets daily
- Water lawns, 1" per week, best done in early mornings

September

- Use Bonide Crabgrass & Weed Preventer with Dimension for grassy and broadleaf weeds or Bonide Weed Beater Complete Pre-emergent Granules for pre & post control
- For new lawns apply:
Calloway's Premium Lawn Food 21-5-10
- For mature lawns apply:
Calloway's Premium Phosphorus Free Lawn Food 21-0-0
- Apply Turf Soil Builder to revive the soil
- Plant fall flowers with Calloway's Flower Bed Mix
- Watch for fungus in lawns and, if necessary, treat with Bonide Infuse Spray or Granules
- Plant fall asters, mums, petunias, and marigolds

October

- Purchase spring bulbs. Tulips and hyacinths must pre chill for 45 days in refrigeration
- Plant pansies & fertilize with Calloway's Professional Pansy Food

November

- Time to plant wildflower seeds
- Plant pansies, flowering cabbage & kale, violas, & cyclamen

December

- Plant tulips & hyacinths using Jobe's Bone Meal to provide nutrients
- Prune trees
- Provide food and water for the area's wintering birds



YARD OF THE MONTH

BY JENNI COLE

Congratulations to our Yard of the Month winners, Howard and Cynthia Cox, at 2306 Huntington Lane. Their welcoming front yard has lots of shade and is a perfect setting for watching kids play or greeting neighbors as they walk by on the sidewalk. The Cox family chose brightly colored pentas and impatiens for their landscap-

ing as well as ferns, yaupon hollies, boxwoods and Indian hawthorn bushes. Thank you to the Cox family for keeping Berkeley beautiful and to Calloways for sponsoring our Yard of the Month. Be sure to visit Calloways for all your gardening needs and see their monthly tips printed in the *Poobah*.





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SWEET LILY B. ANNUAL WALKATHON

BY EMILY MUNDT

Please mark your calendar for the Eleventh Annual Lily B. Clayton Walkathon on Friday, October 18, 2019, from 8:00 – 9:30 a.m. The Walkathon is Lily B.'s fall fundraiser where students ask neighbors, relatives, and friends for donations to the school. The fundraiser runs from September 30 – October 11, 2019. On October 18, 2019, approximately 500 students and parents will walk, sing, and show great school spirit on a on-and—a-half mile walk through Berkeley. The event will begin and end at Lily B. Clayton Elementary School located at 2000 Park Place Avenue. The Walkathon will be led by members of the Fort Worth Police Department and the Paschal High School Band.

Our goal each year is to raise enough money to fund many of the things that make Lily B. great (art and music programs, new technology, academic materials, and more). Last year, the students raised over \$50,000 in donations!

If you have any questions, please feel free to contact me at emilymundt1@gmail.com. You may also contact the Outdoor Events Manager for the City of Fort Worth at 817-392-7894. The City of Fort Worth requires that we provide the following notice: "Failure of a property owner to return written comments within ten (10) days of

this notice shall be considered as non-opposition to the proposed Special Event or Parade." Thank you for your support of this important event!

Emily Mundt
Lily B. Clayton PTA Walkathon Chair



STYLE GUIDE FOR *POOBAH*

BY JUDY ALTER

With a new board taking over BPA affairs, perhaps it's time for a style guide reminder for those who write for the *Poobah*. Following these guidelines will help ensure a uniform look to our newsletter—and simplify my life.

In composing articles, please choose the Arial font in 12 pt. Put the article title and author at the top in boldface. Set your paragraph standards to indent the first line and double space the text. Do not justify. See? It's that simple.

Please do not use display type, italics, boldface, or any other "fancy" techniques in the body of the work.

If you can break a lifelong habit, please do not double space between sentences.

If you send pictures, please do not embed them in an email. Send them as jpeg attachments.

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NEW NEIGHBORS: BOOKS, BISCUITS AND EMBROIDERY

BY DEBRA MILLION

We have some new businesses close by that are worth exploring. Some are new, some are not so new but may not have been discovered by all of Berkeley yet.

First, Eat something!

Dwell Coffee & Biscuits has been open since 2018 but some of you may have yet to stop by for a coffee and one of their made-from-scratch biscuits. It's cool and modern inside, service is quick, and the staff is friendly. They are open 6:00 a.m. to 8:00 p.m. and are located across from Kroger at 3113 S. University Drive.



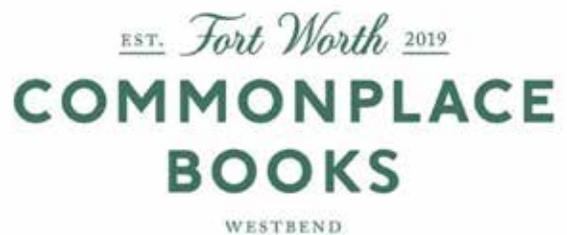
Second, Wear something!

The Grey Stitch has been open for about three months on 8th Avenue. They carry fun Fort Worth T-shirts and hats, plus they can monogram just about anything. They offer lots of great ideas for graduation gifts. They are open 9:00 a.m. to 4:00 p.m, Monday through Friday at 1838 8th Avenue.



Third, Read something!

There is a new bookstore in town!!! **Commonplace Books** has opened a pop-up shop in the West Bend Shopping Village. They plan to be here for a year. After that, they'll decide if they will stay longer. So, get down there and buy a book! It's a small shop, bright and airy with a beautiful green velvet couch inviting you to come in and sit for a minute. The grand opening was June 22. They are open from 10:00 a.m. to 8:00 p.m. Their address is 1701 River Run, right next to HG Supply and Bar Taco.



Stop by all these new businesses and say hello from Berkeley.



CBD OILS & YOUR PET

BY JOHN MINNERLY, DVM, UNIVERSITY ANIMAL HOSPITAL

We have seen an increase in the advertising and use of CBD oils in pets, just as use in people has increased. Are they worthwhile? What are the side effects? Why isn't my vet recommending them?

Use of CBD oils is controversial in veterinary medicine, for a number of reasons.

Manufacture of CBD oils is not closely regulated. It is considered a supplement. It is not regulated by FDA, USDA, or USP. There is no guarantee that the amount of CBD in a product is what is on the label. And with some companies, that may vary from bottle to bottle. The other concern is that some CBD oils do contain THC, the active ingredient in marijuana. You may feel that since they don't have a job and don't drive, that isn't a major concern. But THC has a larger effect on behavior, memory, and anxiety. With CBD usually being used on older pets, this may speed up cognitive dysfunction, reduce bladder/bowel control, and increase anxiety disorders.

CBD has not been clinically tested. Until recently, the oils have been considered a Schedule I drug. That means that only certain Institutions and researchers would be allowed to test them. There is no information available as to what dosage is appropriate, what drug interactions occur, what benefits can be clinically proven, or at what level toxicities can occur. The other problem is the variance in manufacturing. That can greatly affect the absorption, or distribution, of the CBD. There are several studies that have started recently to look into the therapeutic use of CBD in pets. The studies use known quality samples. But it will be several years before we start getting useful information.

The State Board of Veterinary Medical Examiners (TB-VME), because of the lack of useful information, suggests that the veterinarians do not recommend the use of CBD oils. They do not say to discourage their use. As professionals, we cannot make a knowledgeable recommendation as to their use.

I have several clients that have told me that they use CBD

oils in their pets. I think that there are a whole lot more that are giving their pets CBD without telling me. I think it is important to talk to your vet, if you are giving CBD. They need to know what is going into your pet. What I tell my clients is that I need to know what brand, what type, how much, and how often. Since the products vary tremendously, switching based on cost, or advertising, or a whim, can affect the benefit our pet gets. We need to treat it like a medication.

CBD has the potential for being a helpful medication. Hopefully, soon we will find out more about dosages and toxicities. Until then, research the products, know what you're buying, let your vet know what you're doing.



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BLUEBIRD SYMPOSIUM

Eastern Bluebird along Fort Worth Trinity Trail



Here's an educational and entertaining opportunity for neighbors interested in the birds of our area. Texas Bluebird Society will hold a symposium Friday and Saturday, August 2 – 3, 2019, at the Midlothian Conference Center, 1 Community Circle Drive, Midlothian, Texas. The symposium will promote the conservation of bluebirds and teach the public how to attract and provide quality habitat for bluebirds across Texas.

Presentations will cover topics that bluebirders, new and experienced, will find interesting, including Bluebird Basics, House Sparrow Control, Birding in Texas and Planting for Bluebirds Success. Information on Cornell Lab of Ornithology NestWatch and a Nestbox Building Workshop will also be offered.

This event will kick off Friday evening, August 2, at 6:00 pm with a dinner and program about monarch waystations. Presentations will be Saturday, August 3, 9:00 a.m. – 3:00 p.m. with doors opening at 8:30 a.m. for registration and silent auction bidding.

Attendees registering by July 20 will be eligible to win door prizes.

For registration and additional information, please visit:
2019event.txblues.org
or contact:
Pauline Tom, Texas Bluebird Society President
eventplans@txblues.org;
512-517-5678

Bluebird notes from a Berkeley neighbor:

Former BPA President Herb Biddle writes that about ten years ago a thriving bluebird community was established on the banks of the Trinity River, across the river from the Colonial Country Club golf course. Herb—often with a granddaughter—was a regular volunteer, doing egg and hatch counts. In the nesting season, from March until May or thereabouts, he'd see hatches three times a year in a number of the bird houses. He remembers lifting his granddaughter, then seven, up to count eggs and hatchlings. Mama and Papa Bluebird would dive-bomb them if they stayed too long at any one house.

Herb says if it happened once successfully, it can happen again, and a strong population of bluebirds can be established.

Sounds like a rewarding volunteer experience. Unfortunately, Herb now spends much of his time away from Berkeley, so he's not handy for you to question. But there is an information number in the announcement of the symposium.

How about it, birders?

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SPLISH-SPLASH ON ROCKRIDGE TERRACE

BY LESLIE HUNT



In 2016, Ivan was offered a job as a neuroradiologist at Radiology Associates of North Texas. He accepted the position, and the family moved to Fort Worth. They initially purchased a house in Fairmount but soon realized they needed more space. Last summer, they found a beautifully remodeled home on Rockridge Terrace. Their daughter Charlotte, who is five years old and a soon-to-be kindergartner at Lily B. Clayton, loves that one of the first things her parents did after moving to Berkeley was install an inground pool.

The Dequesada family includes several furry rescue animals—Mochi, a fifteen-year-old, white husky mix; Fig Newton, a ten-year-old dachshund; Chako, a two-year-old chihuahua mix; and King Jerry, a ten-year-old, “Look but don’t touch” cat.

The family loves their amazing, generous neighbors and appreciate the ease in which they can walk to the Zoo and Tillery Park. Angela enjoys gardening and is always inspired by a trip to Archie’s Gardenland. Charlotte takes advantage of its outdoor kids’ area. Melt Ice Cream on Magnolia is a family favorite as is Three Danes Baking Company on May Street, which makes amazing, authentic Danish pastries/sweets.

Please join me in welcoming the Dequesada family to Berkeley!

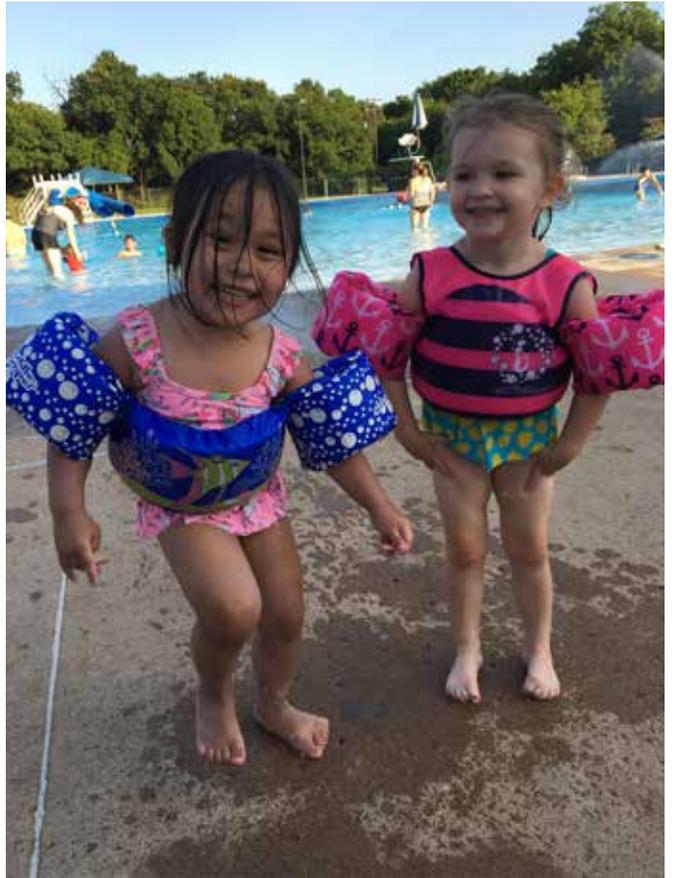
Angela and Ivan Dequesada met while attending graduate school at the University of Florida. Angela was pursuing her Master’s degree in public health, and Ivan was obtaining his medical degree. The couple dated for four years before getting married in 2010. They then moved to Atlanta, Georgia for Ivan’s residency and purchased their first home. While there, they also welcomed their daughter.



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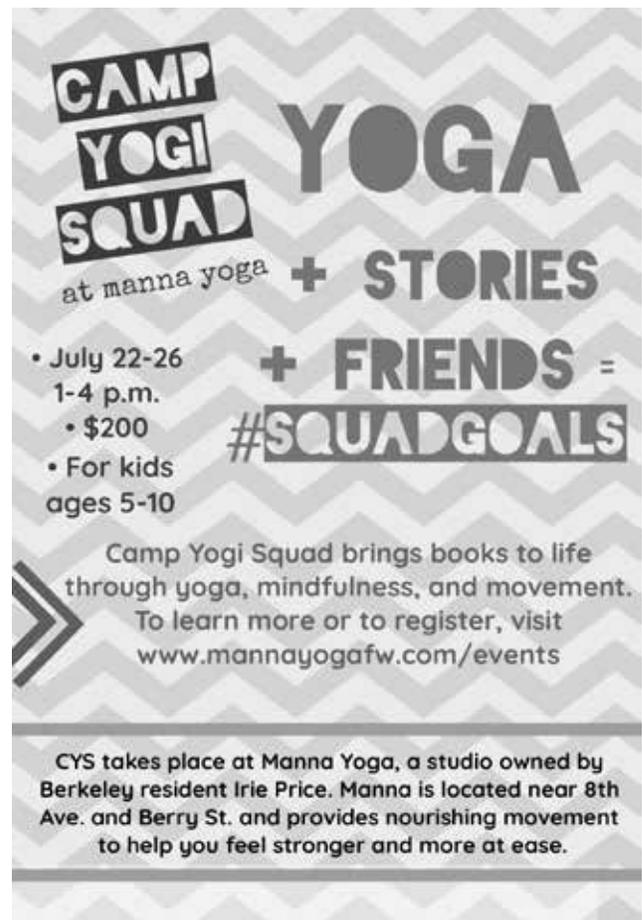
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CYS takes place at Manna Yoga, a studio owned by Berkeley resident Irie Price. Manna is located near 8th Ave. and Berry St. and provides nourishing movement to help you feel stronger and more at ease.