FEBRUARY 2023

VOL 4<u>9, ISSUE II</u>





PRESIDENT'S LETTER AMY ALLIBON, BPA PRESIDENT

Happy February, BPA!

This month, neighborhood leaders and I will attend the City of Fort Worth Neighborhood Awards luncheon. The BPA is a contender for the following city awards: Neighborhood Newletter—*The Berkeley Place Poobah*—Judy Alter, editor; Neighborhood Spirit of Fort Worth Award —Hargrove Memorial Park, Frank and Tobye Poeschel, chairs; Fort Worth Health and Wellness Award —Berkeley, Bikes, and BBQ—Rob Allibon and Wayne Olson, chairs; Fort Worth Pride Award—Sensory Safe Halloween, Shelby Ryon and Laurie George, chairs. We have beautiful historic homes in Berkeley, but it is the people that makes this neighborhood so special. My thanks to all who chaired and participated in these projects and events in 2022.

We have not had anyone step up to host any of the social events for 2023. The Easter Egg Hunt is scheduled for April 1 at Tillery Park at 3:00 p.m.—sure hope someone will take on this event. It really isn't a huge time drain—I promise. Please contact me if you're willing

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Zoom Virtual Meeting To Be Determined

PRESIDENT'S LETTER (CONTINUED)

to learn about this event and perhaps take it on as the chair. Without a chair, it will be cancelled.

As I write this article on the MLK holiday, it is not lost on me that our Berkeley deeds contain language that prohibits the sale of our homes to people of color. In 1968, the Fair Housing Act made racial covenants illegal. The language remains on the deeds, but it is no longer recognized. At one time, for homeowners who wish to go a step further and purge the racist language from their deed, it was an expensive and insurmountable task that required 99 percent neighborhood agreement and participation. Thankfully, the Royce West Act (named for the Dallas attorney who proposed the legislation) allows any homeowner to remove discriminatory language from their property deed and not rely on participation of an entire neighborhood. Whitney Thompson's article in this *Poobah* will explain to you her success in doing this for her property. I invited Whitney to write an article outlining the steps she has taken, and I hope you find it informative if you are interested.

February is the month of Valentine's Day—a celebration of love! Martin Luther King, Jr. said, "I have decided to stick with love. Hate is too great a burden to bear." No truer words have been spoken. Choose kindness, love, and consideration in all of your actions and the world will be a better place.



You're So Close To Home. And whether home means a new place in our own Berkeley Place or anywhere else in Fort Worth or beyond... Let's find your dream together. LAURA THOMAS Neighbor, REALTOR[®], Friend 817.690.3645 | laura@leagueRE.com LEAGUE REAL ESTATE

AROUND THE NEIGHBORHOOD

Do you enjoy walking the neighborhood and spending time at the Hargrove Memorial Park? Are you looking for an opportunity to give back to the neighborhood? We are looking for help maintaining the park this spring and summer, specifically:

Mowing, edging and blowing; Weeding the flower beds; Trash maintenance; Maintaining the benches and memorial bricks.

If you are interested, please call Frank Poeschel @ 817 296-4452 or email <u>fpoeschel@webbmason</u>. <u>com</u>.



The Griffins had a Disney Christmas!

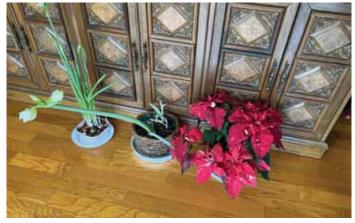
The Griffin family spent a week in Disney World and stayed at the Disney's Polynesian Village Resort where they had breakfast with Lilo, Stitch, Mickey, and Pluto! Hollywood Studios was their first park, and they went on several rides including all three in Toy Story Land. They were back in time for lunch at the themed restaurant "50's Prime Time Café."

Next park was Magic Kingdom. Boston got a special haircut at the barber shop and then they spent the day shopping and riding rides! They finished the day by meeting Cinderella and enjoying a three-course dinner at Cinderella's Royal Table inside the iconic castle.



The last park visited was EPCOT where the family enjoyed crepes in Paris for brunch and rode a super elevator all the way into space for dinner at Space 220!

Of the many, many rides, they agreed that Guardians of the Galaxy: Cosmic Rewind in EPCOT was the very favorite.



Flowers for Ole Lorenzetti

These are three beautiful plants that I received from my neighbors in Berkeley Place over the Christmas holidays. They glorified my house as my children visited me, and we celebrated as a family. This is a great neighborhood with wonderful people who are helpful to me, gathering my mail and visiting me (especially Jack). I moved here sixtyfour years ago and raised my family. Berkeley is a wonderful place to live.

A YOUNG FAMILY THAT'S OLD SCHOOL

BY DEBRA MILLION



Carla and Taylor Marks love old houses. That's what drew this young couple, both Fort Worth natives, to Berkeley from Arlington Heights to their new home at 2114 Warner Road. Taylor grew up in another beautiful old neighborhood as his parents live close by in Park Hill. Carla grew up out in the country about forty-five minutes from Fort Worth, but since her dad worked in the city, she attended high school here.

They met in high school at Trinity Valley. Yes, they're high school sweethearts. Did they meet in class? Did he ask her to the prom? Did she have a big crush on him? The answer is no, no, and no. Even though Trinity Valley isn't that big, they didn't know each other since they were one grade apart and ran with different crowds. So how did they meet, you ask? Well, all it took was a school trip to Austria of about 4,700 miles, an eleven-and-a-half-hour plane ride, and a hike up the Alps for them to finally meet each other. But once they came down that mountain, they knew their paths were set.

Even though Taylor headed to Ole Miss and Carla went to Texas A & M, they dated for five and half years long distance. They've been together for over twelve years so when they married in 2021, they were ready to start a family. Four months ago, on September 9, 2022, baby Lewis was born. I asked Carla where the name Lewis came from, thinking it was a grandfather's, a brother's, or a beloved uncle's name. She said they just like old people names. Like I said, they're old school.

Carla is very busy working as a product manager for a commercial construction company, and Taylor works in commercial real estate and also owns a dumpster company. They own a small ranch outside of Fort Worth with the charming name Silver Barn Ranch. They raise Red Angus cattle, and according to Carla they are cute cattle. Their dog, Daphne, is a sheep-a-doodle, a cross between a sheep dog and a poodle. Basically, she's a sheepdog that miraculously doesn't shed! Daphne loves going to the ranch and visiting those cute cattle so she can put her herding instincts to good use.

They both love to travel and be outside and are looking forward to taking Lewis camping. Taylor plays golf, and Carla loves to read. Carla likes to cook, and Taylor likes to eat. Describing themselves as basically homebodies, they enjoy the friendly community feeling of Berkeley. For this young family, the years to come will include lots of kids for Lewis to play with, lots of neighbors to get to know, and lots of good memories made in their cozy old house.





BERKELEY HEROES AND LEGENDS

BY SUBIE GREEN

As longtime residents Joe and Mary Dulle downsize and leave Berkeley, the *Poobah* recognizes them for their many contributions to the quality of life in our neighborhood.

When Joe Dulle moved to Berkeley fifty-one years ago (in 1971), he paid \$37,500 for his home on Pembroke. His two children went to Lily B. Clayton, a school that was slated to close because there were fewer than 200 students enrolled. Berkeley Place was a neighborhood of older residents and few young families.

By the time Mary and Joe married in 1993, things had changed a lot. Lily B. had added a before-

and after-school program to its offerings and working mothers from the hospital district were thrilled. Many transferred their children to Lily B. from other schools. Young families learned about the school and began moving to the neighborhood. Their energy spurred new activities and community service.

Mary and Joe were important contributors to the quality of life in Berkeley. But after years of service and friendships, the Dulles decided it was time to downsize. They are selling their lovely home, had an estate sale, and moved to an apartment in The Elm, near Waterside and Clearfork.

(Continued on the next page.)

BERKELEY HEROS AND LEGENDS, CONTINUED

"When I married Joe, I left my sweet little home in Meadowbrook and moved into his house," said Mary. "It certainly reflected his bachelor existence. The kitchen had a used gas stove with two broken burners. My hair once caught fire from leaning into the oven. Even the dishwasher was broken. I knew we needed a re-do."

Despite renovation projects and a demanding job at Alcon, Mary found time to help the Berkeley Neighborhood Association. "I was a little nervous about moving to 'the West Side,' but I felt welcome from the first day. Getting involved in the neighborhood was very helpful. I've been editor of the *Poobah* three times and editor of the directory every two years since 1998. I was presidentelect and then president of the neighborhood association when natural gas drilling came up, a hot topic for many residents. Then when I was past president, we dealt with the Chisolm Trail Parkway construction, a big concern for us and our neighbors in Mistletoe."

While Mary was busy in the neighborhood, Joe was focused on civic issues, particularly in Fort Worth's North Side National Historic Stockyards District. In the mid-1970s, encouraged by his then brother-in-law Steve Murrin, Joe became interested in the redevelopment of the Fort Worth Stockyards as a National Historic District. The area was rough and run down.

Joe put together an investment group that eventually owned and managed five stores, a saloon and beer garden, and a chili parlor. They bought and refurbished an old saloon called The White Elephant and, with nightly live music, used it to draw people. The old Rexall store at Main & Exchange became a souvenir and gift shop.

Joe was president of the North Fort Worth Business Association, served on many committees,

helping to create activities such as Pioneer Days and Chisholm Trail Round-Up, and was chairman of the Convention and Visitor's Bureau and treasurer of the Fort Worth Promotion and Development Fund. He sold the saloon in 2002 and retired from all city boards and commissions in 2020.

Both of the Dulles are theatre lovers. Joe has been president of the Live Theatre League and Jubilee Theatre and a board member for Casa Manana and Hip Pocket Theatre. Mary served on the Jubilee board twice and once on the Stage West Board. Before Covid, they had season tickets to as many as four local theatres each season. They also enjoy annual (or more) trips to New York to see Broadway plays and musicals.

Mary finished her final term at Jubilee in 2022. She still enjoys teaching cooking classes via Zoom for the TCU Silver Frogs and other organizations.

So now it's time to say goodbye to the Dulles as neighbors, but Berkeley will continue to treasure their friendship and support. While new volunteers will take over the tasks that they performed so well, the Dulles' many efforts to make Berkeley more livable and loveable will not be forgotten.

Farewell, dear friends. Come back often!



HOW TO REMOVE A DEED RESTRICTION

BY WHITNEY THOMPSON

After reading the *Poobah* article in which BPA Past President Steve Scanlon outlined the racial deed restrictions on our Berkeley homes, I was shocked but not entirely surprised. The original intent of the racial restrictions was to prohibit an entire race of people from owning property in this neighborhood, and while this restriction is not compatible with today's federal law, it is still written into record. After discussions with my husband, I decided to pursue the necessary means to correct this wrong. My intent was to bring this matter to light, remove it from the real property records associated with my property, and provide information for others wanting to pursue the same path.

After reviewing the information compiled by Lone Star Legal Aid which explains Royce West Act aka Senate Bill 30 (https://www.houstontx.gov/superneighborhoods/presentations/2022%2008%20 Racial%20Covenant%20Language.pdf), I printed the template forms that I would need. The forms began as PDFs, so after a quick google search, I learned how to start a new legal template document in Word and began typing up the necessary forms. You can also use Adobe to edit the PDF forms instead of starting over in Word. Next, I needed to locate the original conveyance document that listed the discriminatory language specifically. I spoke to a kind woman in the Central Library and Records Management of the Tarrant County clerk's office (817-884-1069) who helped me locate the original documents from 1924, but she was unable to find the deed restrictions. Per SB 30, I needed a certified copy of the original document listing the discriminatory language. On a whim, I contacted the title company that helped with my refinance a few years ago and she was able to find the document I needed. I ordered a certified copy of the conveyance document online once I had the twelve-digit number. You can look for your document here: https://tarrant.tx.publicsearch.us/. Finally, I compiled all the forms: Motion, Affidavit, Judicial Review, and certified copy of the conveyance document. I reviewed the forms and signed them in the presence of a notary. Currently, the county clerk's office does not have a procedure in place to process these forms yet (as outlined by Texas Property Code sec 5.0621). However, according to the bill, once the documents are filed, the court will review the forms and request any additional evidence or information. If fifteen days pass and the court has not granted the motion, then the motion is automatically granted. At this point, the county clerk will remove the racial covenant on the original filed document by placing a black box over it.

To summarize:

- Download the template forms to personalize for your home
- Locate the original conveyance document that lists the racial deed restrictions and order a certified copy
- Sign the forms in the presence of a notary
- File with the county clerk's office

I am thrilled that I am within a stone's throw of completing with this process. I will provide an update once the motion has been filed and granted. Thank you, Royce West, for making this possible to pursue. If you have questions, please feel free to reach out to me (wbthompson2004@gmail.com).



IF WALLS COULD TALK

DEBRA NYUL TO SPEAK ON HISTORY OF LILY B. CLAYTON ELEMENTARY SCHOOL

BY SUBIE GREEN

Neighbors, you are invited to learn about the remarkable architecture, educators, and pivotal events that shaped the hundred-year history of Lily B. Clayton Elementary.

Open and free to the public, the talk is part of this year's lecture series by the Billy W. Sills Center for Archives of the FWISD. Debra Nyul, author of the school's centennial book, will present *If Walls Could Talk—100 Years at Lily B. Clayton.*



Come learn about Lily B.'s earliest days from a four-room schoolhouse to its expansion during the Great Depression and New Deal programs. Hear about the pioneering principals, architects, and staff who created a thriving academic home for thousands of students. You'll also learn about the school's namesake, Miss Lily B. Clayton—a fiftyyear high school Latin teacher and the original Sweet Lily B.

Mark your calendars for Saturday, February 11 to enjoy some coffee, snacks, and history of Lily B. Clayton Elementary School.

For questions, contact the FWISD Billy W. Sills Archives Center at 817-814-2040.

If Walls Could Talk—100 Years at Lily B. Clayton Lecture Series Event

Sponsored by the Billy W. Sills Center for Archives of the FWISD

February 11, 2023 10-12 p.m. 100 N. University Drive Fort Worth, Texas 76107

BPA BANK ACCOUNT BALANCES

BY TESS MCDONALD

Savings account	\$15,019.87
Checking account	\$36,956.87

Submitted 1/2023

Dear Neighbors of Lily B. Clayton,

Patron sponsorship is an important part of the funding raised during Lily B. Clayton's annual auction. The money you donate this year will kick off a landscaping project to enhance the beauty of our hundred-year-old-school and positively impact our current and future students! There will be a focus on framing Lily B's main entry and creating a welcoming entrance for our students, staff, and families. The money you donate will also go towards the clean-up, replacement, and addition of new plants to help with soil run-off in shaded areas as well as creation of an on-going maintenance plan for our campus. You can even donate in honor of a student(s), staff member(s) or individuals of your choosing. By supporting this event at \$100 or more, you will be celebrated as a 2023 Special Friend of Lily B. in our Honor Roll of Giving with a dedicated plaque that will hang for the next year!

Thank you for supporting our sweet Lily B. Clayton, The Lily B. Students in Your Neighborhood



We also have corporate sponsorship packages available. Please contact Auction Chairs at <u>auction@lilybclayton.org</u> for more information.

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LILY B. CLAYTON'S ANNUAL AUCTION, CONTINUED



Lily B. landscaping—a project for auction proceeds



Lily B. area in need of landscaping



New swing set with inclusive swing —purchased with proceeds of previous Lily B. auction



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A RECAP OF TCU'S HISTORICAL FOOTBALL SEASON

BY AUGUST EAST

So I'm probably the biggest TCU fan you will ever know, and I was very fortunate to go to all the home TCU football games, the Big 12 Championship Game, the Fiesta Bowl AND the National Championship! My late great-grandparents, my paternal grandparents, my Aunt Courtney, six great aunts and great uncles, and a second cousin all went to TCU. I have lived in Fort Worth since I was four years old, and I just fell in love with TCU! I have grown up going to the TCU baseball and basketball camps and every chance I get I go to the football games, men's and women's basketball games, and baseball games. This year I enjoyed going to volleyball and some soccer games; I don't mind watching college girls play sports! Now that you know why I am the biggest fan, let's get back to football. TCU's first game was at Colorado, and they won. TCU's first home game was against Tarleton State, and I knew that we weren't going to lose against Tarleton State. We



Augie East and friends at the Big 12 championship game

easily won that game. Then the next week was SMU, which we won easily, too.

Next were Oklahoma, Kansas, Oklahoma State, Kansas State, West Virginia, Texas Tech, and the Texas Longhorns, and we won them all! If you watched the Baylor game, you saw the comeback with the no set up field goal as time ran out and TCU made the field goal! Iowa State was our last game of the regular season, we won making us 12-0!



The East family at the pep rally at the Santa Monica pier

TCU went to the Big 12 Championship Game and lost to Kansas State, but no one really talks about that game. A bunch of my family went to the game, and I got to go with some of good friends that I played football with at McLean Middle School. TCU was fighting strong up until the overtime and lost to a field goal. You could see how emotional Max Duggan was and how badly he wanted to win that game.

We all sat around anxious the morning of December 4, 2022, as the playoff selection committee would announce the top four teams to make the College Football Playoffs. We made it! TCU (Continued on the next page.)

A RECAP OF TCU'S HISTORICAL FOOTBALL SEASON (CONTINUED)

would play Michigan in the Fiesta Bowl on New Year's Eve!

I really wanted to go to the Fiesta Bowl, but it is a lot of money to travel to a bowl game. My parents kept telling me we would go to a watch party with our friends, so that would be fun too. The day before the game I asked my dad if we could go hit some golf balls, and he said, "How about we go spend the whole day playing golf?" And I was like "Ok! You bet!"



Augie and Chris East celebrating the Fiesta Bowl win

The next thing I know I am waking up at 7:00 a.m., and we are driving to hit golf balls, but I noticed we were not going to a golf course; we were going to the airport. My dad said we were going to play golf in Sedona, Arizona. I was so confused and really didn't know what was going on. When we landed in Flagstaff there was snow all over the ground and my dad said, "Looks like we won't be playing golf in the snow," and then I said, "Looks like we will have to the TCU game instead!" My dad surprised me with a father/son trip to the Fiesta Bowl! We met up with family and went to the Fiesta Bowl. I had never been so nervous in my life at a TCU football game before. The next thing we know TCU won the Fiesta Bowl 51-45! When we left the Fiesta Bowl, I could hear my dad tell people "We will go to the National Championship!" But when we got home, my mom and dad said it was just too much. But guess what? They surprised me yet again, and this time my brother and mom would join us on our TCU streak of football games!

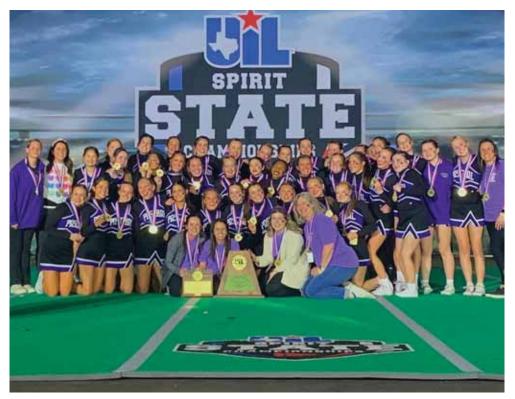
We arrived in Los Angeles on Sunday, January 8, 2023, and drove straight to the TCU Pep Rally at the Santa Monica Pier. It was a sea of purple, and Mayor Mattie Parker was firing up the crowd! The mayor of Santa Monica welcomed all the Horned Frog fans, and the TCU cheerleaders and band played all the TCU songs we know and love. All those family members I mentioned earlier, plus many more friends (including one Georgia Bulldog friend) were at the National Championship with us. It was raining and cold, but our group made the local NBC news because we had a big party in the parking lot at Sofi Stadium. We were at the Natty! (National Championship.) Even though we got our butts kicked I was just so happy that TCU was playing in the National Championship. So yeah, I'm the biggest TCU fan.

Augie East is an eight-grader at McLean Middle School.



PASCHAL CHEERLEADERS WIN THE CHAMPIONSHIP

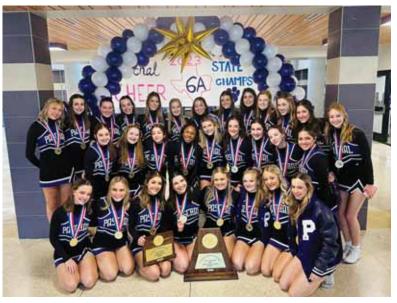
Congratulations to the Paschal High School Cheer Team! On Saturday, January 14, 2023, the team won the state championship for the first time in school history. The UIL Spirit State Championship competition was held at the Fort Worth Convention Center, and the Paschal team received the Best of Award for Crowd Leading for the cheer component of their routine as well as winning first place overall for Class 6A-D2. They competed against seventy-four 6A teams from all over the state. Each team is allowed thirty girls in the competition, so the Paschal squad included the Varsity team and girls from the JV and freshmen teams. Berkeley residents Sarah Jackson, Indie Lopez, and Karoline Litke are part of this team.



Paschal cheerleaders win, taken the night of the competiton, with their coaches



Pep rally at Paschal honoring cheerleaders with city and FWISD officials in attendance



Paschal cheerleading team

FROM BERKELEY KITCHENS



SALMON EN CROUTE BY JUDY ALTER

I am a salmon lover—I could probably eat it five days a week. And I am intrigued by en croute recipes, though I have yet to try Beef Wellington. But the other night, cooking for myself, I invented a salmon en croute out of what I had on hand. It began with a bit of leftover goat cheese spread, and for this recipe I am indebted to Jaimie Smith.

INGREDIENTS (amounts are approximate; do what works for you):

- One sheet puff pastry
- Goat cheese spread, about half a cup
- $\ensuremath{\mathcal{V}}_2$ 6 oz. can salmon, broken into small chunks
- Spinach, either fresh or canned
- 1/8 cup melted butter

DIRECTIONS:

Defrost one puff pastry sheet and lay flat on floured work surface. In center of sheet, spread a circle of goat cheese dip. Top with drained chunks of salmon. I know gourmands will want fresh salmon, but I was using what I had, and I have

(Continued on the next page.)





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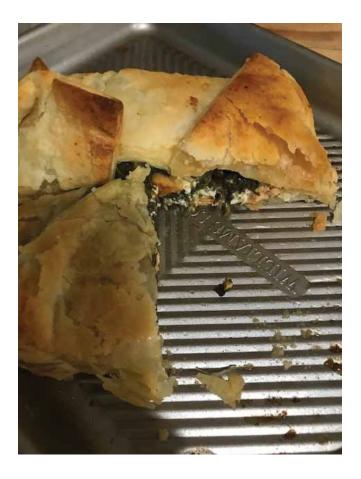
We always enjoy seeing Dr. Loftin's Berkeley neighbors in our practice!

FROM BERKELEY KITCHENS (CONTINUED)

high quality canned salmon that I order by the case from a fishermen's coop in Alaska. Top that with spinach—I happen to love canned spinach (a hangover from my childhood), so I used a half can, well drained. I know some will want to use fresh, and that's fine, though I am unsure how to tell you to pile enough on to still be able to close the pastry and yet not have the spinach shrink to nothing. If you use fresh spinach, cook it first and add between a half and a whole cup.

Fold corners of pastry up over the top of the ingredients, making it look as neat as possible (not the kind of cooking thing I am good at as the picture shows). Brush all over with melted butter. Bake in pre-heated 400° oven for 15 minutes or until crust is evenly browned. Let cool before cutting.

Serves two generously. Or four as a first course.



Eating alone, I had leftovers which were just as good or better the next day.

This is an experiment I'll repeat. Confession: I was more than a bit proud of my accomplishment.

BAKED GOAT CHEESE DIP

BY JAIMIE SMITH

INGREDIENTS:

8 oz. cream cheese, softened

8 oz. goat cheese, softened

2 garlic cloves, microplaned or minced

2 tsp. Italian seasoning (I used crushed dried Italian herbs)

1/2 tsp. kosher salt

1/4 tsp. red pepper flakes

 $\ensuremath{\mathcal{V}_2}\xspace$ cup Parmesan or Pecorino cheese, grated, divided

DIRECTIONS:

Use a wooden spoon to beat cream cheese and goat cheese together until well combined (this may be the hardest part of the recipe!). Add garlic, Italian seasoning, salt, red pepper flakes, and ¼ cup Parmesan or Pecorino.

Scrape into a baking dish (approximately one quart size). At this point, you can cover the dip with plastic wrap and refrigerate for up to two days—press the wrap down on the surface of the cheeses).

Preheat oven to 400° and while oven heats sprinkle remaining Parmesan over top of dip. Bake until lightly brown and bubbly (15 minutes). Let it cool a bit—when it first comes out of the oven, it is mouth-burning hot. Serve warm with crudites, crackers, or baguette slices. Refrigerate leftovers.

MEET DONCIC, AKA PUP

BY ROBIN FULTON



Having met this precious hazel-eyed boy with his foster mom today, I can only imagine that the reason he's not adopted is because no one else has met him yet! Smarty-pants Doncic (pronounce it Don' Chick but he is also known as "Pup") already knows sit, shake, lie down, working on "stay," is crate trained and is looking for his forever home. He's being fostered for Fort Worth Animal Control (can you believe they have over 500 animals in external foster homes?), and his foster mom reports that he's great with other dogs and loves everyone. Listed as a shepherd mix, he's a gorgeous four-month-old puppy full of puppy energy and love. Fully vetted and neutered.

As a surgical nurse, his foster mom is hard-working in and out of the hospital and has been training him to help ensure his future success. Doncic just needs someone to continue her work and love. I can assure you that she will be thoroughly reviewing your qualifications, as well (she told me)!

Let's help Doncic with the life he deserves. When you call FW Animal Control through the city number at **817-392-1234**, you'll need his intake number of **51598729**.-



DEAR AUNT BERK

A NEW COLUMN



Dear Aunt Berk,

My windows are very dirty. I wish I knew a way to get them sparkling clean without hiring an expensive service. But if I do them myself, there is all that wiping and squeegeeing to do and they never look as good as a professional job. Do you have any tips and tricks?

Aunt Berk's Answer: Why yes dear, I do! Mix up this solution – *Homemade Streak Free Window Cleaner.* Get yourself a sponge mop with a handle long enough to reach the top of your windows (or use a ladder). Use the sprayer nozzle on your water hose and spray them to knock off any debris. Then use your mop with this solution and use the sprayer to rinse. Repeat if necessary, but after your final rinse, just walk away and you will have streak free sparkling windows with little effort and only the cost of your time. You're welcome!

Homemade Streak Free Window Cleaner

1 cup Jet Dry (Or finish or other brand of liquid you put in dishwasher for sheeting action)
8 Tablespoons Alcohol
1/2 cup Ammonia
1/2 cup powdered dishwasher soap
4 gallons hot water



Cheers and best wishes-Aunt Berk

Dear Aunt Berk,

Help! I have an upcoming gathering at my home and of course, all of my "never dust" areas are now raising their ugly heads. Specifically, my baseboards look terrible. Last weekend I tackled the worst parts, still they are dusty and pet hairy once again. Ick!

Aunt Berk's Answer: So indeed, there is an easy solution for your baseboard issues. Since you've already gone after the tough stains etc. now, consider giving them a good wipe-down with **dryer sheets.** The dryer sheets will pick up dust and pet hair, and their static resistant elements will help resist dust accumulation and keep your

(Continued on the next page)

DEAR AUNT BERK (CONTINUED)

baseboards in good shape for a while. One more benefit is your home will smell so fresh.

Now, while you are down there with the baseboards, Aunt Berk will share one of her favorites from her *cherished collection of unsolicited advice* – After cleaning, or in any other unforeseen circumstances, **if you find yourself fallen or unable to get up off the floor, quickly employ the following steps.**

How to get up off the floor:

Step 1 – Roll to your stomach Step 2 – Assume a hands-and-knees, or crawling position Step 3 – Crawl to a sturdy chair And voilà! Use the chair to reclaim yourself to an upright position Lastly, reconsider the circumstance that landed you here in the first place



Aunt Berk has not only used this technique for herself, but has also successfully helped many a loved one to an upright position by remembering the tummy – hands and knees – crawling technique.

Cheers and best wishes-Aunt Berk



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